



News for the Week of June 9, 2019

Sunday, June 9

The Rev. Canon John Crosswaite will preach at all three services.

- 7:30 am | Traditional Eucharist
- 9:00 am | Traditional Eucharist w/ Choir
- 10:45 am | Contemporary Holy Eucharist w/ Worship Band

Monday

- 9:30 am | Yoga w/ Eva Pajak ~ Parish Hall

Tuesday

- 7:45 am | Centering Prayer ~ Lakeside Rm.
- 9:30 am | Meditation Yoga led by Eva Pajak
- 7:00 pm | Jim Krisher Meaning of Prayer ~ Parish Hall

Wednesday

- 9:00 am | Staff Meeting
- 6:00 pm | Holy Eucharist with Healing Prayers
- 6:45 pm | Worship Band Rehearsal

Thursday

- 9:30 am | Yoga w/ Eva Pajak ~ Parish Hall

Friday **Parish Office Closed**

- 7:45 am | Centering Prayer ~ Lakeside Rm.

Sunday, June 16

Celebrating Dads and Grads!

- 7:30 am | Traditional Eucharist
- 9:00 am | Traditional Eucharist w/ Choir
- 10:45 am | Contemporary Holy Eucharist w/ Worship Band

For The Most Up-to-Date Information regarding Events at St. James' Visit our website: www.stjameskan.org

Whoever you are, wherever you find yourself in your journey of faith, you're always

Welcome!

Parish Office Hours—

Monday – Thursday 9:00am–4:00pm

Monday is the Rector's scheduled day off

315-685-7600

www.stjameskan.org

June 22nd 10am-12pm Join Us for a Contemplative Hike

with Amanda L. Robinson at the Skaneateles Conservation Area located on Old Seneca Turnpike just up the road from the Skaneateles Transfer Station. Be sure to wear comfortable clothing and shoes with high socks. Bug spray and water bottle are advised. Leave cell phones off or in the car as this will help keep everyone "present" on this journey. This is a wonderful way to spend a morning!

A Little about Pentecost

The Day of Pentecost is considered to be the 3rd most important liturgical celebration of the year after Easter and Christmas. On this day, we celebrate the release of the Holy Spirit into our lives. In Scripture, we read that the people were so filled with the Holy Spirit that there were physical manifestations of that presence. And indeed that can happen today, when we are touched by God and filled with His love. Pray for the Spirit's release into your life.

Over the centuries music has been a profound vehicle to draw us into that spirit. Today's music at the 9am service will include various settings of "Veni Creator Spiritus" (Come Holy Spirit), a hymn and tune that have been sung together since the 9th Century. The prelude and postlude are 4 variations on that tune written by the evocative 20th century French organist and composer – Maurice Durufle (1902 – 1986). Some of his career was spent as organist at the Cathedral of Notre Dame in Paris. During communion, the choir will sing a Taize version of Veni Sancte Spiritus – a wonderful setting that invites a prayerful invitation to bring the Holy Spirit into our lives. Thank you for joining us on this special day.

Sunday, June 16th-Come and Celebrate Grads & Dads at all 3 Services!

St. James' is blessed to have so many youth graduating this year! Also, honor all men who guide, protect, nurture and love us. The Saints in Training will be providing a fun gift for all those Dads, Grandfathers, uncles, and golf lovers!

Congratulations to All Graduates!

May God be with all these young people keeping them safe and giving them the strength to pursue their dreams.

High School Graduates—

Hope Allyn - Skaneateles High School
Lyda Buck - Skaneateles High School
Chris Burgher - Skaneateles High School
Caitlyn Krahling - Westhill High School
Taylor Marshall (Granddaughter of Mary Marshall) - Penfield High School
Edward Plogman - Marcellus High School
Noah Smith - Skaneateles High School
Victoria Spalding - Skaneateles High School
Mia Sveen - West Genesee High School
Morgan Youker - Baldwinsville High School

College Graduates—

Madison Spanfelner - Rochester Institute Technology (RIT)
Cooper Watt - Elon University

Communication Corner

Questions: Contact Laura Posecznick at laura@stjameskan.org
Weekly Goes to Bi-monthly beginning June 30th!

July/August Spirit Articles

are due June 15th

Parish Office Summer Hours

begin July 1st.

Readings for June 16, 2019

Proverbs 8:1-4, 22-31, Psalm 8, John 16:12-15



rest • listen • reflect

June 11th: Jim Krisher, Spiritual Renewal Center Presents: The Meaning of Prayer 7- 8pm-Parish Hall

June 18th: Adult Beginner/Gentle Yoga with Eva Pajak 5- 6pm-Parish Hall

June 22nd: Contemplative Hike with Amanda L. Robinson at the Skaneateles Conservation Area 10am-12pm.

June 23rd: Psalms by the Lake 12pm-1pm led by Cindy Bright in the park adjacent to St. James'

June 25th: Adult/Gentle Yoga with Eva Pajak 5pm-6pm in Parish Hall

June 30th: Psalms by the Lake 12pm-1pm led by Christina Stavenhagen-Helgren in park adjacent to St. James'

*****For the complete list of events, visit www.stjameskan.org/sabbatical2019 or find the sabbatical brochure on each welcome table.*****

June 11th : Jim Krisher Presents: The Meaning of Prayer 7-8pm in the Parish Hall

Prayer is a central spiritual practice in every world religion, and of course is essential in the life of every Christian. But how we understand prayer can make a huge difference in how we practice prayer. A too narrow or limited understanding can constrain our spiritual growth and even lead us to avoid prayer. Jim will discuss three common understandings of prayer, settling on a definition that is broad in scope and well-rooted in our Christian tradition. He will be drawing on his forty plus years as a spiritual director assisting people seeking a deeper walk with God. All are welcome and there is no cost or fee.

St. James' EarthWorks' Minute

This is the perfect time of year to begin a composting station at your home!

There are many benefits to composting:

- Enriches soil, helping retain moisture and suppress plant diseases and pests. Reduces the need for chemical fertilizers.
- Encourages the production of beneficial bacteria and fungi that break down organic matter to create humus, a rich nutrient-filled material.
- Reduces methane emissions from landfills and lowers your carbon footprint.

For more information on how to compost-visit: <https://www.epa.gov/recycle/composting-home#basics>

The Rescue Mission Ride/Run for the Rescue is Saturday, June 22nd.

St. James' is forming a team to have fun participating together and raising money for this great outreach partner. These are the different ways you can join the fun.

- * 62, 40, 20 or 10-mile bike ride
- * 5K run/walk
- * 5Krun/10-mile bike combo
- * 2-mile family fun ride

All events begin and end at Longbranch Park in Liverpool. To register or for more info go to: rescuemissionalliance.org or contact Barb Baker at 315-834-6515 or barbbaker@twcny.rr.com.

June 23rd 12pm-1pm Psalms by the Lake! Bring a chair lakeside in the park adjacent to St. James' for some thoughtful looks at Psalms. This session is led by Cindy Bright. Nothing needed just your presence! Spend some quality time with the Word.

Lakeside Services Begin June 23

Let's hope mother nature is getting all her rain over with in May so St. James' can start worshipping lakeside in June. Set up volunteers are needed for the 10:45 am service. If you are interested in help-ing, please contact Laura Posecznick at laura@stjameskan.org.

Bats are in Season

As the summer rolls in, so do our flying friends from the outside. Please respect the signs throughout the church building to keep doors shut. This deters and contains bats so no one gets hurt. Thank you for your cooperation.

Check out Kip Coerper's Travel Blog—www.mytb.org/Sabbatical2019 for up to date stories from Kip!

This week, please pray for:

St. Paul's Church, Waterloo; The Rev. Jeffrey Haugaard, Rector
Trinity Church, Watertown; The Rev. Molly Payne-Hardin, Rector

In our Diocese: our retired clergy and their spouses

Our Companion Diocese: those attending the Salvadoran Diocesan Convention

The Episcopal Church: the Rt. Rev. Brian Prior, Bishop of the Diocese of Minnesota

Our neighbors: Holy Trinity Lutheran Church, Rev. Paula Roulette, and all leaders and staff.

The Anglican Communion: the Anglican Church of the Province of Myanmar

Those serving our country and may be in harms way: Patrick B. Shanley, Dustin Clark, Stewart Wight, Stephanie Waddell, Alain G. Diehl, Devin Gunhammer, Elizabeth Sager, and Eric Johnson

All those who are sick or in need of prayer: Marie Hughes, Helen Dayal, Jason Weston (son of Susan Gibides), Ziggy Keller, Jean Gannon, Marie Eshbaugh, Ann Merrill, Kewley Family (family of Christine Burgher), John Richards, Brooke Scholl, Shirley Keene (mother of Cathy Buck), Ken Roffo, George & Natalie Newman, Tony O'Connor, Nora Brown, Kim, Bob Abbott (father of Laura Abbott) Patrick, James, & Jean (siblings of Marie Hughes), Steve Driscoll, Patrick Arliss, Kate, Robert Morse, Lynda Welch..

Those listed on our long-term prayer list: Griffin Palen, Marshall Rice, Jr. (brother of Elaine Taggart), Ginny Pfau, Penny Allyn, Gwen Birchenough, Carol Abbott, Mary Fiorini (sister of Rita Keyes), Sharon & Pat Gannon, Roseanne Relfe, Joe Spalding, Mimi & George Bryan, John Bisaha (brother of Rita Keyes), Ashley, Clint, Steven, The Scholl Family, Barbara Libbie (mother of Jeff Davis), Steven, Kevin, Rita Buck, Cathy Valentine, Roxanne Soprano, Jennifer Carson (neice of Linda Lavery), Peter Randall, Donna Randall, Tom Weston (friend of Susan Gibidies), and Linda Bonaduce (sister of Pam Stewart)

We also bless thy holy name for all the servants departed this life: Peter Becker, Bob Iles, William Rice, Sr (brother of Elaine Taggart), Bob Duckett (brother of Nancy Corl), Ray Messenger, John Edwards, Jim Youker, Jamie.