

# MEEKLY

Week of March 24, 2024

Whoever you are, wherever you find yourself in your journey of faith, you're always WELCOME at St. James'!

### Holy Week Begins at St. James' Sunday, March 24-Palm Sunday

10:00 am, Combined Eucharist w/Procession of Palms Begins Outside/Sanctuary

### Monday, March 25

6:00 pm, Dramatic Reading of the Gospel of Mark - Sanctuary

### **Tuesday, March 26**

6:00 pm, Tenebrae - Sanctuary

### Wednesday, March 27

12:00 pm Healing Eucharist 6:00 pm, Evening Prayer - Sanctuary

### Thursday, March 28-Maundy Thursday

6:00 pm, Agape Meal\* Begins Worship in the Parish Hall/
\*\*RSVP for Meal by Monday, Mar. 23
8:00 pm, Overnight Watch Begins

### Friday, Mar. 29-Good Friday

12:00 pm., Ecumenical Stations of the Cross-Begins at St. Mary's

Catholic Church Skaneateles

3:00 pm, the hour that Jesus died, Worship-Sanctuary

### Saturday, March 30

2:00 pm, Easter Egg Hunt (outside weather permitting) (RSVP Required)

8:00 pm, The Great Vigil of Easter-Sanctuary

### Sunday, March 31-Easter Sunday

7:30 am Holy Eucharist 9:00 am Holy Eucharist with Organ/Choir 11:00 am Holy Eucharist with Contemporary Music

RSVP for Maundy
Thursday
Agape Meal
by Monday Mar. 23

Register for Witness to Injustice by April 12

### Weekly Schedule

### **Sunday March 24-Palm Sunday**

Preacher: Rev. Joe T. Mitchell

9:00am Mini Saints & Saints in Training Sunday School 10am Palm Sunday Worship\*

### **Holy Monday**

6pm Gospel of Mark Reading\*

### **Holy Tuesday**

7:45am Centering Prayer Zoom 10:30am Dive Deeper Bible Study 6pm Tenebrae\*

### **Holy Wednesday**

12:00pm Healing Eucharist6:00pm Evening Prayer\*

### **Maundy Thursday**

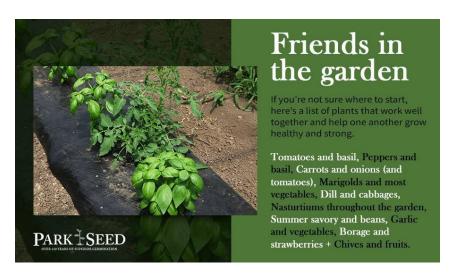
4:45pm Centering Prayer-Zoom 6pm Agape Meal/Maundy Thursday Worship\* *RSVP by Mar. 23* 8pm Overnight Watch Begins

### **Good Friday**

7:45am Centering Prayer Zoom
12pm Ecumenical Stations of the Cross
(begin at St. Mary's)
3pm Good Friday Worship\*
6:30pm The 7 Last Words of Jesus-at
AME Zion Church Auburn

### **Holy Saturday**

2pm Easter Egg Hunt (RSVP Required) 8pm The Great Vigil of Easter\*



SIGN UP-Mindfulness Training-NEW DATES & TIME! Saturday, April 20th & 27th 9:00-10:30am Parish Hall.

# What is MINDFULNESS?

#### What is Mindfulness?

It is living in the present moment. Essentially, it means being

(intentionally) more aware and awake to each moment and being fully engaged in what is happening in one's surroundings - with acceptance and without judgment. The trainer is Mary McGrath. She has extensive training in the skills to increase mindfulness and practices it in her everyday life. Each week we will share comments from people who took her last training at St. James.

People asked if we could offer it again and we are!

Sign up with Nancy Graham, Mary McGrath or by calling the office. The class is limited to 20 people.

Mindfulness training helps you to be in the present moment. I try to think before reacting and appreciate whatever is happening now without judgment.

Quote from someone who went through the training.

Mary has such a gentle manner and a style of teaching that allowed us to learn not only from her but from each other. Learning mindfulness is a lifelong process, but this was a very good start. Debra Brillati

### PLANTS FOR THE GARDEN OF GETHSEMANE-WANTED

On Thursday, March 28, Maundy Thursday, St. James' Altar Guild decorates the Nave for worship and it is tradition to create the garden where Jesus prayed over by the peace altar. If you have any live green plants that you can bring to church for Thursday evening, please let Bill Buterbaugh or the Parish Office know. You can have them back by Saturday morning. This is such a nice space for those participating in the overnight watch to pray and feel as the disciples did waiting with Jesus.

# A Concert for Haiti

TO SUPPORT AN ANNUAL MEDICAL CLINIC IN PAULETTE, HAITI

### SUNDAY APRIL 7 3:00 P.M.

PEBBLE HILL PRESBYTERIAN CHURCH 5299 JAMESVILLE RD, SYRACUSE

### Have 2 hours to help our neighbors?

Every Saturday since 2004, the soup kitchen at Sts. Peter and John Episcopal Church on Genesee Street in Auburn has served lunch to as many as 200 of our hungry neighbors. For almost all of those 20 years, St. James parishioners have volunteered to prep food and serve on the last Saturday of every month. Since the pandemic, the soup kitchen has offered "to go" meals and requires fewer volunteers than it did previously.

### Here's what they need from St. James:

- 2 people to prep (9 to 11 a.m.)
- 2 people to serve (11 a.m. to 12:30 p.m.)

Each month, our pool of volunteers (ages 13+) receives an email asking if they can volunteer. If you can help, simply reply with the number of people and the desired shift. It's easy: To be added to the list of volunteers, contact Corinne Buterbaugh (corinnebuterbaugh@gmail.com).

### **Help the Food Pantry Serve Our Neighbors**

Supporting the Skaneateles Ecumenical Food Pantry is easy and (relatively) inexpensive. Pick up an extra item or two when you shop and bring it to church. Leave them in the basket outside the sacristy. The pantry always needs cereal ("Captain Crunch" is a favorite),100% fruit juice, canned black beans, liquid laundry detergent, and 32-ounce vegetable or canola oil. Questions? Contact Corinne Buterbaugh 571-215-6693 corinnebuterbaugh@gmail.com or John Buterbaugh 703-638-0941/ buterbaugh2010@gmail.com.



## **CREATION CARE**



CreationCare of St. James' Episcopal church is celebrating the 54th Earth Day, April 22, 2024 and the 150th Arbor Day, April 28th, 2024. Both of these planet healing organizations work tirelessly through the years to stop deforestation, spraying poisons on agriculture, fouling the air with C02 and oceans with trash. They also have programs in force all through the year to replant trees, eliminate use of poisons, stop use of fossil fuels, and new laws against trash dumping in oceans.

Every living human can benefit by learning how they can to support these efforts or future generations will suffer. ReUse and ReCycle. **St. James' is giving away Sunflower Seeds on Sunday April 28th.** The Sunflower is also the national flower of the Ukraine who are battling for life and freedom from a foreign aggressor. Planting sunflowers in your yard benefit the birds, bees and environment while standing as a beacon of hope and remembrance for God's Creation and the Ukraine people.

### CREATION CARE MEETING, Sunday, April 14th, at 12PM IN THE PARISH HALL

Janice Wiles, owner of a sustainable farm in Skaneateles, will join all Interested people in being a part of Creation Care this year. Kip Coerper put a lot of energy into building the St. James' environmental ministry and it is important to continue to move forward with care for our environmental. Please consider joining this ministry, your time commitment will be minimal but your impact will truly make a difference. If interested, contact Laura Posecznick at laura@stjamesskan.org.



### How do we protect our environment? Educate & Motivate!

This Spring St. James' CreationCARE team is offering several programs that are designed to spark your interest and hopefully inspire you to become an active steward of the environment. St. James' is blessed to have parishioners who specialize in gardening, planting, lake preservation, and sustainable living. Let's take advantage & make a difference in our community.

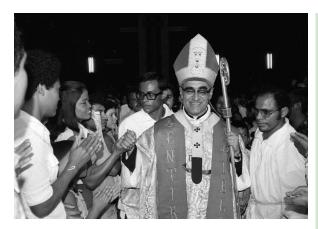
**April 14: 12PM CreationCARE Meeting** 

April 21: Earth Day Sunday-Seed Packets for parishioners to GET PLANTING!

April 28: After 9:30 am & 10:45am Services & In Honor of Arbor Day: Sponsored by Bartlett
Tree Experts-Special this Year: Mini-Saints & Saints in Training Kids will be getting
their own tree seedlings.

May 4: 9:30-11am ConsciousCooking by MaryBeth Carlberg Presentation

May 12: Mother's Day Flowering Hearts & Butterflies as a gift from all the children at St. James' May 19: Laxton's Florist will be handing out small potted plants to add to your home gardens.



## Coffee, Tea and Conversation with Border Companions NY Advocate

St. James' Racial Justice & Reconciliation Commission welcomes Dale Avers, retired faculty from Upstate Medical University, who will present a discussion of Border Companions NY, an outreach ministry of All Saints Church, Syracuse,

Sunday, April 7 from 10:15 a.m. to 10:45 a.m. in the parish hall. Coffee and tea will be provided. Since her retirement from Upstate Medical University, Avers has worked to support and advocate for migrants in Central New York and at the southern border. She was part of a church-led mission trip to the southern border in 2019, where she visited camp Montomoros near McAllen, TX. There she witnessed the resilience and hope of people who have fled their native lands as well as horrific living situations they endured. Border Companions NY was established as a result of that visit and has raised more than \$25,000 for direct-relief services at the U.S. northern and southern borders. Border Companions also supports a number of front-line organizations working at the southern



border, including
Border Kindness, Team
Brownsville, the
Sidewalk School and
others, all of which
provide food, clothing,
medical care, shelter
and education to
asylum seekers.

#### The Life of St. Oscar Romero

"I must tell you, as a Christian, I do not believe in death without resurrection. If I am killed, I shall arise in the Salvadoran people."Oscar Romero

Óscar Romero, Archbishop of San Salvador, 1980 and the Martyrs of El Salvador was born in Ciudad Barrios, a town in the mountainous east of El Salvador, on 15th August 1917. He was the second of seven children. At the age of twelve, he was apprenticed to a carpenter, but was later able to attend seminary. His family's economic circumstances forced him to withdraw to work in a gold mine. Ultimately he entered another seminary and was eventually sent to the Gregorian University in Rome to study theology. After his ordination to the priesthood, he returned to his native land, where he worked among the poor, served as an administrator for the Church, and started an Alcoholics Anonymous group in San Miguel. When he was appointed a bishop, radicals distrusted his conservative sympathies. However, after his appointment as Archbishop of San Salvador in 1977, a progressive Jesuit friend of his, Rutilio Grande, was assassinated, and Romero began protesting the government's injustice to the poor and its policies of torture. He met with Pope John Paul II in 1980 and complained that the leaders of El Salvador engaged in terror and assassinations. He also pleaded with the American government to stop military aid to his country, but this request was ignored. Romero was shot to death while celebrating Mass at a small hospital chapel near his cathedral on March 24, 1980. The previous day, he preached a sermon calling on soldiers to disobey orders that violated human rights. He had said, "A bishop will die, but the Church of God which is the people will never perish." During his funeral a bomb or bombs went off outside the Metropolitan Cathedral of San Salvador, where tens of thousands of mourners were gathered at what has been considered one of the largest demonstrations in the country's history. Gunfire then rained down on the panic-stricken crowd, leaving an estimated 27 to 40 people dead and more than 200 wounded. The Roman Catholic Church declared him "a servant of God," and he is honored as a martyr by many Christian denominations worldwide. Almost nine months after Romero's assassination, four women-two Maryknoll Sisters, an Ursuline Sister, and a lay missioner-were also killed in the course of their duties by the El Salvadoran army. A statue of Romero stands at the door of Westminster Abbey in London as part of a commemoration of twentieth-century martyrs. In 2015, 35 years after Romero's death, Pope Francis declared him a martyr. Romero was beatified later that year. In March 2018, following the medically inexplicable cure of a terminally ill Salvadoran woman whose husband had been seeking Romero's intercession, Pope Francis approved the miracle necessary for Romero's canonization to become a saint.

There is an excellent movie of his life that can be found on YouTube <a href="https://www.youtube.com/watch?v=EaQWd0uBaHs">https://www.youtube.com/watch?v=EaQWd0uBaHs</a>.



**Did You Know? By Emma Cowley** With only an elementary school education, Black inventor (and son of an enslaved parent), Garrett Morgan came up with several significant inventions, including an improved sewing machine and the gas mask. However, one of Morgan's most influential inventions was the improved traffic light. Morgan's was one of the first three-light systems that were invented in the 1920s, resulting in the widespread adoption of the traffic lights we take for granted today. Thanks to the successes of his other inventions, Morgan bought a car and, as a motorist, he witnessed a severe car accident at an intersection in his city of Cleveland, Ohio. In response, he decided to

expand on the current traffic light by adding a "yield" component, warning oncoming drivers of an impending stop. He took out the patent for the creation in 1923, and it was granted to him the following year.

## Witness to Injustice

The KAIROS Blanket Exercise in the USA



### Experiential program to be held at St. James Episcopal Church, Skaneateles

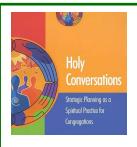
Witness to Injustice, a unique three-hour interactive group educational experience presented by Neighbors of the Onondaga Nation and the Syracuse Peace Council will take place at St. James Episcopal Church, 96 East Genesee St., Skaneateles, Saturday, April 13 from 9 a.m. to noon. The program is free and open to the public. Registration is required as space is limited. The program is sponsored by St. James' Racial Justice and Reconciliation Commission.

Witness to Injustice uses an experiential, participatory model to share the disturbing history of what Indigenous Peoples have experienced through colonization with a focus on the experience of the Onondaga Nation and other Haudenosaunee Peoples.

The program seeks to foster truth, understanding and respect between Indigenous and non-Indigenous peoples in the part of the world now known as the United States;

especially in the territory stewarded by people of the Onondaga Nation and other Haudenosaunee peoples. Witness to Injustice was created in collaboration with KAIROS Canada (https://www.kairoscanada.org/) and involves facilitation by Onondaga Nation citizens and non-Indigenous allies. KAIROS is a non-profit, ecumenical organization in Canada, working with people of faith or conscience all over the world for ecological justice and human rights. KAIROS unites Canadian churches and religious organizations in a faithful ecumenical response to the call to "do justice, and to love kindness, and to walk humbly with your God" (Micah 6:8).

Please register by April 12 -ONLINE (Link on StJamesSkan.org) OR PARISH OFFICE.



### Holy Conversations Saturday, April 6 9am-3pm

By now, you should have received a mailing that contained both the annual Easter message and an invitation to the **Holy Conversations Workshop on Saturday- April 6**, **9am-3pm**. If you did not receive a mailing, please notify the Parish Office. This is a very important program that we want to be sure everyone knows about and has the opportunity to attend. Our Vestry has already participated in Holy Conversations as part of their annual retreat this year. Feedback was overwhelmingly positive, as Vestry members found a safe

space in which to share their authentic stories of St. James' - the affirming as well as the challenging. It is the hope of the Vestry to provide that same safe space for storytelling to the whole congregation, as a way to remind all of us experiencing transition that whenever we gather to share as God's people, we are on holy ground, involved in a sacred process.

Father Joe and the Vestry will facilitate our Holy Conversations on Saturday, April 6 from 9:00 am - 3:00 pm in the Parish Hall. Lunch will be provided. In an effort to have as many participants as possible, **we ask that you register - either by dropping off your RSVP card on your next visit to church or by calling the parish office.** Everyone is encouraged to prayerfully consider participating in this powerful program. We look forward to seeing you on April 6 and hearing your stories of the life of St. James', which are, of course, part of the Greatest Story Ever Told!







St. James' wants to celebrate all 2024 graduates! Share your name (or child's name) and what they are graduating from such as High School, College, Trade, etc. by email to Laura Posecznick at laura@stjamesskan.org.



EASTER SUNDAY

7:30 AM/9 AM/11 AM EASTER WORSHIP SERVICES



WEEKLY NEWSLETTER MARCH 24, 2024

### St. James' Prayers for Week of March 24, 2024

In our parishes, we pray for the people of St. Peter's Episcopal Church in Bainbridge and their priest, the Rev. Rebecca Drebert, and the people of Grace Episcopal Church in Baldwinsville and their priest, the Rev. Joseph Hannah. In the Episcopal Church, we pray for the people of the Diocese of South Carolina and their bishop, the Rt. Rev. Ruth Woodliff-Stanley. In the Anglican Communion, we pray for the people of the Church of the Province of West Africa and their prime bishop, the Most Rev. Dr. Cyril Ben-Smith.

**For those expecting a child:** Amanda Martin (daughter of Michele Lytle), Christopher & Erica Richards (family of Donna Richards), Travis & Stephanie, Victoria Spalding (daughter of Bill & Molly Spalding), Tyler & Chloe Blum.

**Those who are sick and in need of prayer:** Danielle Barber (Marie Hughes niece), Amanda Martin (daughter of Michele Lyle), Victoria Spalding (daughter of Bill & Molly Spalding), Sue Palen, Sean Arliss (grandson of Sharon & David Arliss, Jonathan's son), Jennifer Watt (sister of John Watt), Briana (close friend of Dan Johnson's granddaughter), Elaine Easton (friend of Darwin Parker), Patti Allis, Sandy Fillingham, Rick Burton, Mary Scott, Ed Cole, Christine Posecznick (sister-in-law of Laura), Rachel Luziani.

### Those listed on our long term prayer list:

Susan Scholl, Suzy Jones, Ginny Pfau, Janet Rundle (relative of Bill Spalding), Denise Eamer (daughter of Kathaleen Underwood), Sherry Yellot, Terry Askey Cole & Larry Cole, Sue Newlin (mother of Molly Spalding), Kaiden (grandson of Jean Beeles), Valarie family; Ed, Eileen, Eddy and Courtney and Tony Garastina (friends of Joan Johnson and family) Rachel Luziani, Ben, David & Gretchen (grandchild of Joan Johnson, her son & wife), Adam, Lexi & Theodore Gates, Kelly Ryan, Sara Talley (granddaughter of Nora & Jim Brown), Sara Jones, Jacob Matlby (son of Kelly Ryan & Mike Spaces), Ed Blum, Matt Bates (son of David & Toppie), Robbie Clark (brother of Kristina Abbott) Adam Newlin (brother of Molly Spalding), Bob Madden (brother-in-law of Carolyn Legg), Tara Covert Lanning, Merz family (family of Dan Johnson), Darwin Parker, Jude Ker, Edith Palmer (mother of Sue Palen), Nicole Hyde, Helen & David O'Neill, Kathy & John Dote (sister & brother-in-law of David & Helen O'Neill), Linda Lavery, Judy Santillo & Ann Malvaso (sister's of Marie Hughes), Jim & Patrick (brother's of Marie Hughes), Helen Burlingame (sister of Brian Davis), Betty Hunt (mother of David Peebles), Joan Johnson, Marilyn Garofalo (mother of Chris Davis), Virginia Williams (mother of Carolyn Ebner), Dot Pitman, Alexander Sturdivant (friend of Nancy & Rick Austin), Marie Bundy, Linda Hawley, Frank Ives, Griffin Palen, Don Evans, Linda & Nick Rossi, Melinda & Pete Hawley, Tacy Chantler (sister-in-law of Carrie Chantler), Euclide Mugisho & family, Roxanne Soprano, Cathy Valentine, Jeff Havemeyer, Sammy Birchenough, Adrian Coker (nephew of Michael & Danielle Larkin), Barbara Coyne (sister of Nancy Lee), Mary O'Neill, Gar Smith, Bob Doolittle, Lisa Mitchel (friend of Nancy Harris), Linda Morse, Danae Hidy, Alberto Fry, Loretta Newman, Doris Buss, Belva Morton (mother of Kathy Ingianni), David Bates, Helen Dayal, Scholl family, Patrick & Jonathan Arliss, Jason Weston (son of Susan Gibides), Jim Corl, Abbi Bennett (granddaughter of Jim & Nancy Corl), Kirsten Juhl (daughter of Jim & Nancy Corl), Pat Corl (sister of Jim), Gwen Birchenough, Sharon & Pat Gannon, Jennifer Carson ( niece of Linda Lavery), Tricia McMurdy (friend of Nancy Austin), Ingrid McCurdy, Ella (friend of Ingrid), Noelle (daughter of Ingrid)

**Those who have died:** Doris Lanning (mother of Jim Lanning), Rev. Simon Hoare (friend of Nancy Graham's from Ripon, England), Phyllis Lerowick (mother of Ellen Kluge), Tony & Connie Johnson, Lucille Horne (sister in law of Meg Osborne), Bill Pfau, Arden Mumford (Barb Carmody's sister).

### If you would like to be added...

Prayer Lists above, please contact Nancy Graham at nancy@stjamesskan.org.
Birthday List Announcement, please contact Laura Posecznick at laura@stjamesskan.org
Email Prayer Chain, please contact Corinne Buterbaugh at corinnebuterbaugh@gmail.com
E-Blast database to receive updates and news, please contact Laura Posecznick at laura@stjamesskan.org
Questions: Contact the Parish Office at 315.685.7600. Office Hours: Monday-Thursday 9am-3pm

### Readings Sunday, March 31

**Easter** 

Acts 10:34-43 or Isaiah 25:6-9

1 Corinthians 15:1-11

or Acts 10:34-43

John 20:1-18

or Mark 16:1-8

Psalm 118:1-2, 14-24