

WEEKLY

Week of April 28, 2024

Whoever you are, wherever you find yourself in your journey of faith, you're always WELCOME at St. James'!



In Honor of Arbor Day, Bartlett Tree Experts & CreationCARE will be handing out tree saplings this Sunday after worship services. Arbor Day was started back in 1872 by a member of Nebraska's State Board of

Agriculture, Julius Sterling Morton. He proposed the day for tree planting as a way to repopulate his home state with trees. By 1888 we were recognizing the importance of trees nationwide, and Arbor Day became a widely celebrated holiday. Activities involve planting new trees, tending to endangered trees and plants, and cultivating spaces for continued and future tree

growth. While Arbor Day is thought to be a day to plant trees, it is really about environmental stewardship and creating a better Earth for future generations than the one humanity has currently have



caused. The goal is to ACT even in some small way! You are encouraged to take a sapling or two and help to replace some of the trees lost due to bad weather or disease. Bartlett Tree Experts are a wonderful resource for proper planting and maintenance of trees. If you have questions for them, please call 315-656-2323 or email <u>syracuseoffice@bartlett.com</u>.

Sign Up for Conscious Cooking Presentation on Saturday 9am May is the Month of Community Service Sign Up to Serve Online

Weekly Schedule

Sunday April 28

Preacher: Rev. Ed Murphy 7:30am Rite I Eucharist 9:00am Rite II with Organ & Choir 9:00am Mini Saints & Saints in Training Sunday School 10:45am Contemporary Eucharist with Praise Band

Monday

9:30am Yoga

Tuesday

7:45am Centering Prayer Zoom 10:30am Dive Deeper Bible Study

Wednesday

12:00pm Healing Eucharist6:00pm Evening Prayer*

Thursday

9:30am Yoga 4:45pm Centering Prayer-Zoom

Friday

7:45am Centering Prayer Zoom 1:30pm Making Sandwiches for Safe & Warm Homeless Program

Saturday May 4 9am Conscious Cooking -Parish Hall

*Worship Live-Streamed Facebook.com/StJamesSkaneateles

St. James' Church Skaneateles Month of Community Service May 2023





DONATION DROP-OFF

Saturday, May 25 10:00am-12:00pm St. James' Church

If you can't bring your donations to church on this day, please drop off to church prior to May 26. May is St James' Month of Community Service. There are many opportunities to donate to a charity, participate in a project, make deliveries and acts of kindness. Projects & Donation Item Sign Ups are EASY & ONLINE !

This May the focus will be on projects/donations for:

Chapel House in Auburn Interfaith Works Matthew House Habitat for Humanity Samaritan Center The Thrift Shop SS Peter & John Soup Kitchen Three Sisters Community Garden Merriman Circle (Rescue Mission) Ronald McDonald House Skaneateles Food Pantry Projects to help local parishioners

How do you get involved? Visit **StJamesSkan.org-**click on the banner for Community Service which will link directly to the online sign up. If you have any questions, please contact Beth Quattrociocchi at 607.727.9827, Chris Davis at 315.751.5412, or leave a message on the church voicemail at 315.685.7600.

Two ways to serve: Donate or Volunteer Time! There are lists of vital items for several local charities. Also, there is information on organizations that are ALWAYS in need of volunteers. Sign up to Volunteer in May or ANYTIME! Any help makes a difference! **Thank you!**



Did You Know? By Emma Cowley

Ivan McClellan is a photographer that is on a quest to spotlight the culture of Black cowboys. McClellan is a Portland based photojournalist, a designer, and the creator of "Eight

Seconds", which is a photography project dedicated to showcasing the culture of Black cowboys. His work has been featured on ESPN, The Undefeated, Dazed, Complex and Because Of Them We Can. McClellan states " the cowboy represents something that we've kind of lost more broadly in our culture and that it still exists and it's still thriving, I think it's incredibly important." In 2015, McClellan connected with a friend who was working on a documentary about Black cowboys . Today he shares hundreds of photos of Black cowboys on his Instagram, with plans of turning his work into a comprehensive photo book that highlights the culture and subcultures.

Instagram: @eightsecs https://eightsecs.com/#ms-3 https://www.barnesandnoble.com/w/eight-seconds-missrosen/1144643838?ean=9788862088121

Love gardening? Looking for two volunteers

"... I was in prison, and you visited me... Truly I tell you, when you did this to one of the least of these my brothers and sisters, you did it to me." Matthew 25: v. 36 and v.40.

Spring means rebirth, rejuvenation-and planting time. That means the steering committee for the "Gardens and

AND Did You Know?

The upcoming U.S. census in 2030 will introduce significant changes to the demographic data collection process. For the first time since 1997, individuals will have the option to select from seven race and/or ethnicity categories, including the addition of checkboxes for "Middle Eastern or North African" and "Hispanic or Latino." Previously, individuals of Middle Eastern descent were typically categorized as "white," while Latinos were identified solely as an ethnicity rather than a distinct race. This marks the inaugural recognition of people of Middle Eastern or North African descent in federal data collection efforts, signaling a more inclusive approach to capturing the diverse demographics of the U.S. population.



Pollinators" project at the Hillbrook Juvenile Detention Center, Syracuse, is gearing up to plant four, raised-beds gardens that were built last summer at Hillbrook. "Gardens and Pollinators" is a collaborative ministry of St. James'; Grace Episcopal, Syracuse; and the Episcopal Diocese of CNY with Hillbrook. We are looking for **two volunteers from St. James'** to join Judy Holmes in working with youth who are incarcerated at Hillbrook to plant, maintain and harvest the gardens over the next few months. Specifically, rotating teams of three volunteers (St. James, Grace Episcopal, and students from Syracuse University) will meet at Hillbrook on **Wednesday afternoons from 1:30 to 3 p.m**. The Hillbrook education staff will schedule and supervise youth with whom the volunteers will be working.

Planting is scheduled to begin the week of May 20. Volunteer commitment would be about once every three weeks.

The reward: An opportunity to share God's love and the beauty of creation with youth who come from a variety of backgrounds and the opportunity to learn their stories.

The catch: Volunteers must undergo a background check before being allowed to work with the residents. Judy Holmes will provide volunteers copies of the paperwork.

Contact: Judy Holmes (Judyholmes76@gmail.com; 315-378-3535)



SIGN UP YOUR CHILD TODAY!



PHOTO CREDIT: Three Sisters Corn Husk dolls created by Antoinette "Toni" Scott, Seneca Nation artist and Cultural Presentationalist.

Corn, Beans and Squash —Oh My!

How can you help:

Pray for this garden and the spiritual growth of all who are involved.

If you have a child in grades four through six, please speak with Mo Allyn about getting your child involved with this project. It will be a rich and rewarding experience for your child.

Watch for a list of needed items not be covered by donations. The list will be coming soon.

For more information, contact Judy Holmes judyholmes76@gmail.com, or Mo Allyn mollyallyn6@gmail.com. Starting in May, children from St. James' and Merriman Circle will be learning to plant a Three Sisters Garden using techniques developed by the Haudenosaunee hundreds of years ago.

It's called the St. James' Church and Merriman Circle Three Sisters Community Garden and it is made possible through the collaborative efforts of the Rescue Mission at Merriman Circle, St. James' Racial Justice and Reconciliation Commission and St. James' Creation Care ministry. Volunteers from St. James' have been meeting with Rescue Mission staff for several months to plan the garden. Many of the supplies are being donated through the generosity of those who support the Rescue Mission at Merriman Circle.

But, the project is more than playing in dirt and planting seeds. It is about children from both St. James' and Merriman Circle getting to know each other. In the process, children and their adult chaperones will learn about the Haudenosaunee legacy of caring for this land and their knowledge of how plants interact with each other and with people. The indigenous belief system is rooted in the connectedness between all living creatures plants, animals, insects, people—with the air, water and land. Non-indigenous people have much to learn from indigenous wisdom and creation care. That is the goal of the Three Sisters Garden.

The fun is scheduled to **start May 9 around 4pm (timing will depend on interested families' schedules)** with stories and the planting of the first of the Three Sisters— Sister Corn. That meeting will be followed with planting of Sisters Bean and Squash on May 23. The children will then meet weekly to maintain the gardens, learn more indigenous stories and harvest the fruits of their labors. The harvest will be used in the children's cooking classes at Merriman Circle led by Nancy Lee.

Children & Family Ministries-Wonderful Program Offerings this Summer!



Mo graduated from Reed College in May 2021 with a B.A. in Music and is currently leading the Children's & Youth Ministry at St. James' Church.

Children & Youth Music Lessons

30 Minute small group or private beginner ukulele, guitar, and voice lessons will be held Tuesday & Thursday afternoons from 4:00 p.m. - 7:00 p.m. Ukulele is a great starting point for Elementary-age students, while guitar is a great choice for students in Middle & High School. For the safety of all, parents need to remain on premises during lessons; parents and small children are welcome to utilize the available games and toys. Classes will begin on July 9th and run until August 29th. Private and group music lessons will be offered at a pay-what-you-can rate with a suggested donation of \$25 per class. Online sign up is available on StJamesSkan.org or contact the St. James' Parish Office at 315.685.7600.





Children's Yoga & Mindfulness Classes

Mo Allyn, Director of Children's Ministries at St. James' blends their ChildLight Yoga Teacher Training and ancient Christian mindfulness practices into two developmentally appropriate wellness classes for the community. Wellness practices help us connect to our inner light and give children the tools they need to continue developing into physically, emotionally, and mentally well-adjusted people. Yoga and Mindfulness will be held for preschool students Mondays from 10:00 a.m.-10:30 a.m.. Elementary yoga will be held from 10:45 a.m. -11:45 a.m. Classes will begin on July 8th and run until August 26th. This class will be offered to everyone at a pay-what-you-can rate with a suggested donation of \$25 per class. Online sign up is available on StJamesSkan.org or contact the St. James' Parish Office at 315.685.7600.

Mother's Day Brunch at St. James' Sunday, May 12th 8:30am-11:00am ALL WELCOME!

Practicing the Way Course for Young Women

Following Jesus is more than going to church or believing the right things; it is practicing



a way of life.This four-session introduction to spiritual formation is the perfect way for young women and girls ages 14-24 to kick off the summer. These sessions explore how to follow Jesus in our busy, distracted, and increasingly secular culture. This group will transform into a community that takes time to be with Jesus, become like him, and to do what he did. The program will begin with a reflection on each participants' spiritual health. The goal is for participants to leave the experience with a deep sense of community and an established Rule of Life.Sessions will be held on Wednesday evenings from 5:00 p.m.- 6:00 p.m. from June 19 - July 17; the group will not meet on the evening of July 3rd. To sign up for this course, contact St. James' Parish Office at 315.675.7600. You can make a difference! Do you enjoy working with children? St. James has a long standing relationship with the families and children that live at Merriman Circle, run by Auburn Rescue Mission. Right now the

Recreation Director, Rosemary Radley, could use some **extra help for an hour with the kids after school from 4-5pm on Mondays, Tuesdays,**

Wednesdays, and Fridays. The kids play games, color, sing, etc. Please consider helping out one day for one hour, maybe a couple times a month. No preparation needed, only a love of being with kids. Please let Nancy Lee (315-256-8196) or Nancy Graham know if you can volunteer.

Spring Clean-Up!

SPRING IS HERE?! SIGN UP TO CLEAN OUTSIDE ST. JAMES' CHURCH & RECTORY-SATURDAY MAY 11 FROM 10AM-12PM.

It is helpful for volunteers to bring lawn tools such as rakes, clippers, barrels, window washing stuff etc. You can sign up online StJamesSkan.org or call the Parish Office. Questions, contact Doug Smith/315-730-3124 airdad@verizon.net

Native Plant Sale at Baltimore Woods Friday, May 17 from 4pm - 7:30pm Saturday, May 18 from 9am - 2pm

Join this fun-filled weekend celebrating the importance of native plants and supporting Baltimore Woods Nature Center! Shop for a diversity of native plants, herbs, and heirloom tomatoes; enjoy a delicious picnic plate, enter to win a raffle prize, listen to music by Kambuyu Marimba on Friday evening, get your gardening questions answered, and more! You won't want to miss out on the beautiful variety of plants offered by our plant supplier, The Plantsmen Nursery. Volunteer opportunities are available and are highly appreciated. If you're interested in volunteering, please call (315) 673-1350 or email info@baltimorewoods.org for more information.

Register to Attend Protecting Our Planet and Health, One Meal at a Time. Presented by Dr. Marybeth Carlberg on May 4 at 9:30am

Enjoy coffee, tea, and a stupendous view of our beautiful lake while hearing how eating less meat is healthy, crucial to curb climate change, cruelty-free, and deliciously doable! Bring a friend, then tour our lovely town and visit sites, shops, and eateries. St. James' Episcopal Church, 9:30 am-11am in Lakeside Room, 96 East Genesee St., Skaneateles, NY. Seating is limited so **please register at mbcarlberg@hotmail.com** or contact the Parish Office at 315-685-7600.

How do we protect our environment? Educate & Motivate!

This Spring St. James' CreationCARE team is offering several programs that are designed to spark your interest & hopefully inspire you to become an active steward of the environment.

April 28-TODAY

Tree Saplings for Parishioners In Honor of Arbor Day Sponsored by Bartlett Tree Experts

May 4

9:30-11am ConsciousCooking by MaryBeth Carlberg Presentation -REGISTER ASAP!

May 5 CreationCARE Meeting 12pm Parish Hall

May 12

Mother's Day Flowering Hearts & Butterflies

May 17-18

Native plant sale at Baltimore Woods

May 19

Small potted plants to add to your gardens. Given by Laxton's Florists

SUPPORT ST. JAMES' OWN ORGANIST/CHOIRMASTER JUSTIN OEI!

Sunday, April 28th at 8pm in Crouse College at Syracuse University, Justin Oei is presenting his first graduate organ degree recital, including the premiere of a new work for organ by Elizabeth Bishop. Other selections on the program include music by Bruhns, Bach, Demessieux, and Franck. If you can't attend in-person there is live-stream (no recording) https://riverbendmedia.com/jwplayer/syr.html

From Jail to Redemption: Transforming Lives Behind Bars



Thursday, May 16 at 7pm St. James' Presents

"From Jail to Redemption: Transforming Lives Behind Bars," discussion featuring Cayuga County Sheriff Brian Schenck and Randy Smith, peer recovery advocate for Nick's Ride 4 Friends in Auburn. The discussion is free and open to the public and is hosted by the St. James' Racial Justice and Reconciliation Commission.

An estimated 1.9 million people are incarcerated in prisons and jails across the United States. Sheriff Schenck will discuss new, restorative programs at the Cayuga County Jail designed to enable a smoother transition into the community for people who are incarcerated. The programs include teaching people problem-solving skills, as well as establishing community partnerships to provide treatment for addiction and other mental illnesses inside the jail that continue when individuals are released. The goal is to reduce and/or prevent people from returning to jail. Sheriff Schenck has been the Cayuga County Sheriff since 2019. He began his law enforcement career in 1997 as a deputy sheriff in Cayuga County. His law enforcement career includes more than 16 years as a detective/ investigator and as supervisor of the detective and violent crimes unit in the Cayuga County Sheriff's Office.

Mr. Smith leads group sessions for those who are incarcerated and struggling with addiction. Nick's Ride 4 Friends is a nonprofit organization committed to fighting substance abuse disorders by providing peer-based recovery services and resources for those who struggle with addiction. The organization's drop-incenter is located at 13 Chapel St. and is open 9 a.m. to 5 p.m Mondays through Fridays.

In addition to his role as a peer recovery advocate for Nick's Ride, Mr. Smith leads Combat Recovery, a boxing and mixed martial arts gym in the basement of the drop-in-center, where he shares his experiences as a fighter.

NicksRide4Friends.org

St. James' Prayers for Week of April 28, 2024

In our parishes, we pray for the people of St. Mark's Episcopal Church in Candor and their priest, the Rev. Pat Kinney, and the people of St. John's Episcopal Church in Cape Vincent and their priest, the Rev. Lisa Busby.

In the Episcopal Church, we pray for the people of the Diocese of Southwest Florida and their bishop, the Rt. Rev. Douglas Scharf. In the Anglican Communion, we pray for the people of the Church of Bangladesh and their prime bishop, the Most Rev. Samuel Mankhin.

For those expecting a child: Danielle and Johannes Helgren & Lucia and Taylor Flowers (Johannes and Lucia are children of Christina and John Helgren), Amanda Martin (daughter of Michele Lytle), Christopher & Erica Richards (family of Donna Richards), Tyler & Chloe Blum.

Those who are sick and in need of prayer: Danielle Barber (Marie Hughes niece), Amanda Martin (daughter of Michele Lytle), Sue Palen, Sean Arliss (grandson of Sharon & David Arliss, Jonathan's son), Jennifer Watt (sister of John Watt), Briana (close friend of Dan Johnson's granddaughter), Elaine Easton (friend of Darwin Parker), Patti Allis, Sandy Fillingham, Rick Burton, Mary Scott, Ed Cole, Christine Posecznick (sister-in-law of Laura), Rachel Luziani.

Those listed on our long term prayer list: Susan Scholl, Suzy Jones, Ginny Pfau, Janet Rundle (relative of Bill Spalding), Denise Eamer (daughter of Kathaleen Underwood), Sherry Yellot, Terry Askey Cole & Larry Cole, Sue Newlin (mother of Molly Spalding), Kaiden (grandson of Jean Beeles), Valarie family; Ed, Eileen, Eddy and Courtney and Tony Garastina (friends of Joan Johnson and family) Rachel Luziani, Ben, David & Gretchen (grandchild of Joan Johnson, her son & wife), Adam, Lexi & Theodore Gates, Kelly Ryan, Sara Talley (granddaughter of Nora & Jim Brown), Sara Jones, Jacob Matlby (son of Kelly Ryan & Mike Spaces), Ed Blum, Matt Bates (son of David & Toppie), Robbie Clark (brother of Kristina Abbott) Adam Newlin (brother of Molly Spalding), Bob Madden (brother-in-law of Carolyn Legg), Tara Covert Lanning, Merz family (family of Dan Johnson), Darwin Parker, Jude Ker, Edith Palmer (mother of Sue Palen), Nicole Hyde, Helen & David O'Neill, Kathy & John Dote (sister & brother-in-law of David & Helen O'Neill), Linda Lavery, Judy Santillo & Ann Malvaso (sister's of Marie Hughes), Jim & Patrick (brother's of Marie Hughes), Helen Burlingame (sister of Brian Davis), Betty Hunt (mother of David Peebles), Joan Johnson, Marilyn Garofalo (mother of Chris Davis), Virginia Williams (mother of Carolyn Ebner), Dot Pitman, Alexander Sturdivant (friend of Nancy & Rick Austin), Marie Bundy, Linda Hawley, Frank Ives, Griffin Palen, Don Evans, Linda & Nick Rossi, Melinda & Pete Hawley, Tacy Chantler (sister-in-law of Carrie Chantler), Euclide Mugisho & family, Roxanne Soprano, Cathy Valentine, Jeff Havemeyer, Sammy Birchenough, Adrian Coker (nephew of Michael & Danielle Larkin), Barbara Coyne (sister of Nancy Lee), Mary O'Neill, Gar Smith, Bob Doolittle, Lisa Mitchel (friend of Nancy Harris), Linda Morse, Danae Hidy, Alberto Fry, Loretta Newman, Doris Buss, Belva Morton (mother of Kathy Ingianni), David Bates, Helen Dayal, Scholl family, Patrick & Jonathan Arliss, Jason Weston (son of Susan Gibides), Jim Corl, Abbi Bennett (granddaughter of Jim & Nancy Corl), Kirsten Juhl (daughter of Jim & Nancy Corl), Pat Corl (sister of Jim), Gwen Birchenough, Sharon & Pat Gannon, Jennifer Carson (niece of Linda Lavery), Tricia McMurdy (friend of Nancy Austin), Ingrid McCurdy, Ella (friend of Ingrid), Noelle (daughter of Ingrid).

Those who have died: Doris Lanning (mother of Jim Lanning)

If you would like to be added...

Prayer Lists above, please contact Nancy Graham at nancy@stjamesskan.org. Birthday List Announcement, please contact Laura Posecznick at laura@stjamesskan.org Email Prayer Chain, please contact Corinne Buterbaugh at corinnebuterbaugh@gmail.com E-Blast database to receive updates and news, please contact Laura Posecznick at laura@stjamesskan.org Questions: Contact the Parish Office at 315.685.7600. **Office Hours: Monday-Thursday 9am-3pm**

Readings Sunday, May 5

Acts 10:44-48 1 John 5:1-6 John 15:9-17 Psalm 98