

WEEKLY

Week of May 12, 2024

Whoever you are, wherever you find yourself in your journey of faith, you're always WELCOME at St. James'!

The Altar Flowers are given by Linda Merrill Arthur in memory of Charles & Ann Merrill



Happy Mother's Day! Today is jam packed day! It is the Children's Ministries last Sunday school class for this season. Huge Thank you to Mo Allyn, Director of Children's Ministries, Cindi Fowler, Mini-Saints Lead Teacher, and all of our helpers especially Kristen

Baleno, Helen O'Neill, Lily Sveen and Ethan Echols. As a gift to everyone, pick up a seed heart or butterfly when you come up for communion.

Fellowship Brunch in the Parish Hall hosted by the Speno's from 8:30am-11am. Please go and enjoy some fellowship time this morning. And we close the day with the melodic sounds of Chorale Evensong at 5pm. St. James' is blessed to offer such rich and uplifting programming.

Heavenly Father, we thank you so much for the people of St. James' who feel and act on your call to spread the Holy Spirit. May we all participate, support and appreciate these offerings today and everyday.



From Jail to Redemption Discussion Thursday at 7pm Items Still Needed for Month of Community Service Sign Up Online

Weekly Schedule

Sunday May 12 Preacher: Rev. Joe T. Mitchell 7:30am Rite I Eucharist 8:30am-11am Fellowship Brunch 9:00am Rite II with Organ & Choir 9:00am Mini Saints & Saints in Training Sunday School 10:45am Contemporary Eucharist with Praise Band 5:00pm Chorale Evensong

Monday 9:30am Yoga

Tuesday

7:45am Centering Prayer Zoom 10:30am Dive Deeper Bible Study

Wednesday

12:00pm Healing Eucharist5:00pm Episcopal 101-Parish Hall6:00pm Evening Prayer*

Thursday

9:30am Yoga 4:45pm Three Sisters Youth Garden Club-Merriman Circle 4:45pm Centering Prayer-Zoom

Friday

7:45am Centering Prayer Zoom 1:30pm Making Sandwiches for Safe & Warm Homeless Program

StJamesSkan.org



Did You Know? By Emma Cowley

A new wave of Black women is embracing golf, a sport historically exclusive to people of color, particularly women. In an effort to promote inclusivity, Sierra Balgar, a Washington D.C. native, launched an initiative to empower more Black women to participate in golf both locally and nationally. Balgar established City Girls Golf with the aim of expanding opportunities for women of color to learn and engage in golf, while also

encouraging their involvement in the broader golfing industry. City Girls Golf has swiftly become a leading hub for novice golfers, providing instructional clinics, training sessions, and even tennis programs. Additionally, they foster a supportive community for Black women of all skill levels, facilitating socialization through weekly events, matches, and outings. https://www.citygirlsgolf.net/

Lakeside Set Up Crew Volunteers Wanted Contact Laura Posecznick at laura@stjamesskan.org Lakeside Worship Begins June 16!

Love gardening? Looking for two volunteers

"... I was in prison, and you visited me... Truly I tell you, when you did this to one of the least of these my brothers and sisters, you did it to me." Matthew 25: v. 36 and v.40.

Spring means rebirth, rejuvenation-and planting time. That means the steering committee for the "Gardens and

CreationCARE Says Support Local Food Supply

Events of the past few years have shown the importance and environmental advantage of a local food supply. We encourage residents to grow their own fruits and vegetables in the ground, raised beds and even pots! We also encourage purchasing organic products from local sources.Restaurants such as Elderberry Pond feature farm to table menus with produce grown on site. Farmers Markets, Farm stands, Roadside stands, CSA gardens, all offer fresh locally grown products. Support of local farms is essential for a sustainable food supply now and future. Remember the slogan - No Farms - No Food.

Next Sunday, May 19-Laxton's Florist are donating small potted plants for parishioners at all services. You can lend a hand with the local environment and add to your own garden!



Pollinators" project at the Hillbrook Juvenile Detention Center, Syracuse, is gearing up to plant four, raised-beds gardens that were built last summer at Hillbrook. "Gardens and Pollinators" is a collaborative ministry of St. James'; Grace Episcopal, Syracuse; and the Episcopal Diocese of CNY with Hillbrook. We are looking for **two volunteers from St. James'** to join Judy Holmes in working with youth who are incarcerated at Hillbrook to plant, maintain and harvest the gardens over the next few months. Specifically, rotating teams of three volunteers (St. James, Grace Episcopal, and students from Syracuse University) will meet at Hillbrook on **Wednesday afternoons from 1:30 to 3 p.m**. The Hillbrook education staff will schedule and supervise youth with whom the volunteers will be working.

Planting is scheduled to begin the week of May 20. Volunteer commitment would be about once every three weeks.

The reward: An opportunity to share God's love and the beauty of creation with youth who come from a variety of backgrounds and the opportunity to learn their stories.

The catch: Volunteers must undergo a background check before being allowed to work with the residents. Judy Holmes will provide volunteers copies of the paperwork.

Contact: Judy Holmes (Judyholmes76@gmail.com; 315-378-3535)

Children & Family Ministries-Wonderful Program Offerings this Summer!



Mo graduated from Reed College in May 2021 with a B.A. in Music and is currently leading the Children's & Youth Ministry at St. James' Church.

Children & Youth Music Lessons

30 Minute small group or private beginner ukulele, guitar, and voice lessons will be held Tuesday & Thursday afternoons from 4:00 p.m. - 7:00 p.m. Ukulele is a great starting point for Elementary-age students, while guitar is a great choice for students in Middle & High School. For the safety of all, parents need to remain on premises during lessons; parents and small children are welcome to utilize the available games and toys. Classes will begin on July 9th and run until August 29th. Private and group music lessons will be offered at a pay-what-you-can rate with a suggested donation of \$25 per class. Online sign up is available on StJamesSkan.org or contact the St. James' Parish Office at 315.685.7600.





Children's Yoga & Mindfulness Classes

Mo Allyn, Director of Children's Ministries at St. James' blends their ChildLight Yoga Teacher Training and ancient Christian mindfulness practices into two developmentally appropriate wellness classes for the community. Wellness practices help us connect to our inner light and give children the tools they need to continue developing into physically, emotionally, and mentally well-adjusted people. Yoga and Mindfulness will be held for preschool students Mondays from 10:00 a.m.-10:30 a.m.. Elementary yoga will be held from 10:45 a.m. -11:45 a.m. Classes will begin on July 8th and run until August 26th. This class will be offered to everyone at a pay-what-you-can rate with a suggested donation of \$25 per class. Online sign up is available on StJamesSkan.org or contact the St. James' Parish Office at 315.685.7600.

Mother's Day Brunch at St. James' Sunday, May 12th 8:30am-11:00am ALL WELCOME!

Practicing the Way Course for Young Women

Following Jesus is more than going to church or believing the right things; it is practicing



a way of life.This four-session introduction to spiritual formation is the perfect way for young women and girls ages 14-24 to kick off the summer. These sessions explore how to follow Jesus in our busy, distracted, and increasingly secular culture. This group will transform into a community that takes time to be with Jesus, become like him, and to do what he did. The program will begin with a reflection on each participants' spiritual health. The goal is for participants to leave the experience with a deep sense of community and an established Rule of Life.Sessions will be held on Wednesday evenings from 5:00 p.m.- 6:00 p.m. from June 19 - July 17; the group will not meet on the evening of July 3rd. To sign up for this course, contact St. James' Parish Office at 315.675.7600.

From Jail to Redemption: Transforming Lives Behind Bars



Thursday, May 16 at 7pm St. James' Presents

"From Jail to Redemption: Transforming Lives Behind Bars," discussion featuring Cayuga County Sheriff Brian Schenck and Randy Smith, peer recovery advocate for Nick's Ride 4 Friends in Auburn. The discussion is free and open to the public and is hosted by the St. James' Racial Justice and Reconciliation Commission.

An estimated 1.9 million people are incarcerated in prisons and jails across the United States. Sheriff Schenck will discuss new, restorative programs at the Cayuga County Jail designed to enable a smoother transition into the community for people who are incarcerated. The programs include teaching people problem-solving skills, as well as establishing community partnerships to provide treatment for addiction and other mental illnesses inside the jail that continue when individuals are released. The goal is to reduce and/or prevent people from returning to jail. Sheriff Schenck has been the Cayuga County Sheriff since 2019. He began his law enforcement career in 1997 as a deputy sheriff in Cayuga County. His law enforcement career includes more than 16 years as a detective/ investigator and as supervisor of the detective and violent crimes unit in the Cayuga County Sheriff's Office.

Mr. Smith leads group sessions for those who are incarcerated and struggling with addiction. Nick's Ride 4 Friends is a nonprofit organization committed to fighting substance abuse disorders by providing peer-based recovery services and resources for those who struggle with addiction. The organization's drop-incenter is located at 13 Chapel St. and is open 9 a.m. to 5 p.m Mondays through Fridays.

In addition to his role as a peer recovery advocate for Nick's Ride, Mr. Smith leads Combat Recovery, a boxing and mixed martial arts gym in the basement of the drop-in-center, where he shares his experiences as a fighter.

NicksRide4Friends.org

Diversity Book Club Next Discussion June 2 at 12pm in the Toppie Bates Lakeside Room- If Beale Street Could Talk by James Baldwin

If Beal Street Could Talk (1974) by James Baldwin The Diversity Book Club ends the 2024 Spring Season with iconic American writer James Baldwin. "The grandson of a slave, Baldwin was born in Harlem in 1924. He grew up in poverty, but recalls: 'I knew I was black, of course, but I also knew I was smart. I didn't know how I would use my mind, or even if I could, but that was the only thing I had to use.' By the time he was fourteen, Baldwin was spending much of his time in libraries and had found his passion for writing."

Baldwin wrote If Beal Street Could Talk after the assassinations of his friends Medgar Evers, the Rev.

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Martin Luther King, Jr and Malcolm X. The book focuses on the bonds that hold Black people together against a backdrop of white racism. The novel tells the story of a young, Black couple whose lives are torn apart by false criminal accusations amid a justice system that is broken. The book was made into a movie in 2018.



Through our Month of Community Service held twice each year, St. James parishioners donate their time and treasure to help others. Did you know there's an easy (and relatively) inexpensive way to support the Skaneateles Ecumenical Food Pantry throughout the year? Pick up an extra item when you shop and bring it to church. Leave it in the basket outside the sacristy. Our food pantry serves residents of the Skaneateles School District. It needs nonperishable items such as cereal, 100% fruit juice, canned black beans, canned fruit (including applesauce), and 32-oz. containers of vegetable oil.

Prefer to make a monetary donation? Send to Skaneateles Ecumenical Food Pantry, PO Box 901, Skaneateles, NY 13152 or via paypal: https:// www.paypal.com/donate/? hosted_button_id=SBSWRVBEZKX7L Questions? Contact John Buterbaugh

(buterbaugh2010@gmail.com or 703-638-0941) or Corinne Buterbaugh (corinnebuterbaugh@gmail.com or 571-215-6693).



Back by popular demand-Episcopal 101 at St. James' Wednesdays at 5pm. Father Joe will be discussing a wide range of topics listed below. If

you have something that you have always wanted to learn, reach out to Father Joe and he will see if he can work it into this session. Drop in for any or all classes! No pressure! Open to anyone and everyone!

Episcopal 101 Wednesdays 5pm Schedule May 8

The Luminous Gospels: What Didn't Make the Cut? May 15

Anglican Theology: What Do We Actually Believe? May 22

Book of Common Prayer Deep Dive: What's Changed Over the Years?

May 29

Book of Common Prayer Deep Dive: The Daily Office **June 5**

Book of Common Prayer Deep Dive: Holy Eucharist June 12

Book of Common Prayer Deep Dive: The Lectionary



St. James' Partners with Safe & Warm Project-Volunteers Needed to Make Sandwiches on Fridays 1:30pm in the St. James' Kitchen.

Other Ways you can help:

- Donate nonperishable food items (bread, creamy peanut butter, jelly, wrapped snacks)
- Become trained to staff the Safe and Warm physical site in Auburn
- Help deliver lunches to people living in motels in Auburn
- Monetary donations can be made to the "Harriet Tubman Liberation Foundation" with Safe and Warm in the comment section of the check

For more information, contact Meg Osborne at mhosborne7@gmail.com or call the Parish Office at 315-685-7600.



Christian Nationalism: Why It's Dangerous for Democracy and the Gospel

Wednesday, May 15, 2024 6 -8 p.m.

Pebble Hill Presbyterian Church 5299 Jamesville Rd., Syracuse, NY 13214

Guest Speaker Dr. Greg Carey

Professor of New Testament at Lancaster Theological Seminary

Dr. Greg Carey's most recent books are: Death, the End of History and Beyond: Eschatology in the Bible; Using Our Outside Voice: Public Biblical Interpretation

Christian Nationalism has been all over the news lately, but many people don't know what it means or why it matters. This presentation will explain what Christian Nationalism is, how it works, and why it poses a danger to democracy and to Christianity itself.

This event is FREE and open to the public.

PRESENTED BY: The Interfaith Racial Equity Network in CNY

Gratitude to the following sponsors:

All Saints Catholic Church, Center for Racial Justice (UCC), Pebble Hill Presbyterian Church, Plymouth Congregational Church, St. Alban's Episcopal Church, St. David's Episcopal Church, St. Lucy's Catholic Church, Trinity Episcopal Church, United Church of Fayetteville, University United Methodist Church, St. James' Episcopal Church

Three Sisters Community Youth Garden Club Meets weekly on Thursdays at 4:45pm at Merriman Circle in Auburn.

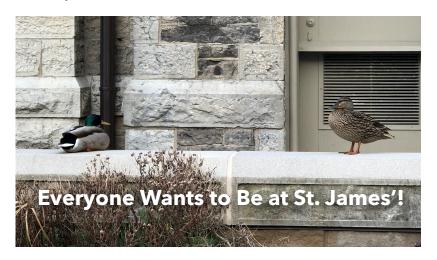
The fun is scheduled to start May 9 around 4:45pm (check with Judy Holmes or Mo Allyn on carpooling) with stories and the planting of the first of the Three Sisters–Sister Corn. That meeting will be followed with planting of Sisters Bean and Squash on May 23. The children will then meet weekly to maintain the gardens, learn more indigenous stories and harvest the fruits of their labors. The harvest will be used in the children's cooking classes at Merriman Circle led by Nancy Lee. For more information, please see the fliers on the St. James' welcome tables or contact Judy Holmes judyholmes76@gmail.com, or Mo Allyn mollyallyn6@gmail.com.

Native Plant Sale at Baltimore Woods Friday, May 17 from 4pm - 7:30pm Saturday, May 18 from 9am - 2pm

Join this fun-filled weekend celebrating the importance of native plants and supporting Baltimore Woods Nature Center! Shop for a diversity of native plants, herbs, and heirloom tomatoes; enjoy a delicious picnic plate, enter to win a raffle prize, listen to music by Kambuyu Marimba on Friday evening, get your gardening questions answered, and more! You won't want to miss out on the beautiful variety of plants offered by our plant supplier, The Plantsmen Nursery.

Volunteer opportunities are available and are highly appreciated. If you're interested in volunteering, please call (315) 673-1350 or email info@baltimorewoods.org for more information.

You can make a difference! Do you enjoy working with children? St. James has a long standing relationship with the families and children that live at Merriman Circle, run by Auburn Rescue Mission. Right now the Recreation Director, Rosemary Radley, could use some **extra help** for an hour with the kids after school from 4-5pm on Mondays, Tuesdays, Wednesdays, and Fridays. The kids play games, color, sing, etc. Please consider helping out one day for one hour, maybe a couple times a month. No preparation needed, only a love of being with kids. Please let Nancy Lee (315-256-8196) or Nancy Graham know if you can volunteer.





May is Month of Community Service at St. James' Lots of items to donate or ways to serve the local community. Sign Up online by visiting StJamesSkan.org/community-

DONATION DROP-OFF

Saturday, May 25 10:00am-12:00pm St. James' Church

If you can't bring your donations to church on this day, please drop off to church prior to May 26.

St. James' Prayers for Week of May 12, 2024

In our parishes, we pray for the people of Grace Episcopal Church in Carthage, and the people of St. Peter's Episcopal Church in Cazenovia and their priest, the Rev. Rebecca Roberts. In the Episcopal Church, we pray for the people of the Diocese of Southwestern Virginia and their bishop, the Rt. Rev. Mark Allen Bourlakas. In the Anglican Communion, we pray for the people of the Igreja Episcopal Anglicana do Brasil and their primate, the Most Rev. Marinez Rosa dos Santos Bassotto.

For those expecting a child: Ciara and Brian Perkins (son of Kris & Dick Perkins), Danielle and Johannes Helgren & Lucia and Taylor Flowers (Johannes and Lucia are children of Christina and John Helgren), Amanda Martin (daughter of Michele Lytle), Christopher & Erica Richards (family of Donna Richards), Tyler & Chloe Blum.

Those who are sick and in need of prayer: Family of Mary Scott, Dorothy McMasters, Vera Foehl, Christine Dengler (sister-in -law of Kathy & Mark), Danielle Barber (Marie Hughes niece), Amanda Martin (daughter of Michele Lytle), Sue Palen, Sean Arliss (grandson of Sharon & David Arliss, Jonathan's son), Jennifer Watt (sister of John Watt), Briana (close friend of Dan Johnson's granddaughter), Elaine Easton (friend of Darwin Parker), Patti Allis, Sandy Fillingham, Rick Burton, Ed Cole, Christine Posecznick (sister-in-law of Laura), Rachel Luziani.

Those listed on our long term prayer list: Susan Scholl, Suzy Jones, Ginny Pfau, Janet Rundle (relative of Bill Spalding), Denise Eamer (daughter of Kathaleen Underwood), Sherry Yellot, Terry Askey Cole & Larry Cole, Sue Newlin (mother of Molly Spalding), Kaiden (grandson of Jean Beeles), Valarie family; Ed, Eileen, Eddy and Courtney and Tony Garastina (friends of Joan Johnson and family) Rachel Luziani, Ben, David & Gretchen (grandchild of Joan Johnson, her son & wife), Adam, Lexi & Theodore Gates, Kelly Ryan, Sara Talley (granddaughter of Nora & Jim Brown), Sara Jones, Jacob Matlby (son of Kelly Ryan & Mike Spaces), Ed Blum, Matt Bates (son of David & Toppie), Robbie Clark (brother of Kristina Abbott) Adam Newlin (brother of Molly Spalding), Bob Madden (brother-in-law of Carolyn Legg), Tara Covert Lanning, Merz family (family of Dan Johnson), Darwin Parker, Jude Ker, Edith Palmer (mother of Sue Palen), Nicole Hyde, Helen & David O'Neill, Kathy & John Dote (sister & brother-in-law of David & Helen O'Neill), Linda Lavery, Judy Santillo & Ann Malvaso (sister's of Marie Hughes), Jim & Patrick (brother's of Marie Hughes), Helen Burlingame (sister of Brian Davis), Betty Hunt (mother of David Peebles), Joan Johnson, Marilyn Garofalo (mother of Chris Davis), Virginia Williams (mother of Carolyn Ebner), Dot Pitman, Alexander Sturdivant (friend of Nancy & Rick Austin), Marie Bundy, Linda Hawley, Frank Ives, Griffin Palen, Don Evans, Linda & Nick Rossi, Melinda & Pete Hawley, Tacy Chantler (sister-in-law of Carrie Chantler), Euclide Mugisho & family, Roxanne Soprano, Cathy Valentine, Jeff Havemeyer, Sammy Birchenough, Adrian Coker (nephew of Michael & Danielle Larkin), Barbara Coyne (sister of Nancy Lee), Mary O'Neill, Gar Smith, Bob Doolittle, Lisa Mitchel (friend of Nancy Harris), Linda Morse, Danae Hidy, Alberto Fry, Loretta Newman, Doris Buss, Belva Morton (mother of Kathy Ingianni), David Bates, Helen Dayal, Scholl family, Patrick & Jonathan Arliss, Jason Weston (son of Susan Gibides), Jim Corl, Abbi Bennett (granddaughter of Jim & Nancy Corl), Kirsten Juhl (daughter of Jim & Nancy Corl), Pat Corl (sister of Jim), Gwen Birchenough, Sharon & Pat Gannon, Jennifer Carson (niece of Linda Lavery), Tricia McMurdy (friend of Nancy Austin), Ingrid McCurdy, Ella (friend of Ingrid), Noelle (daughter of Ingrid).

For those families in law enforcement from New York State, North Carolina, and around the country whose dedicated loved ones died in the line of duty.

Those who have died: Mary Louise DeLili Scott, Leon Overstrom, Doris Lanning (mother of Jim Lanning)

If you would like to be added...

Prayer Lists above, please contact Nancy Graham at nancy@stjamesskan.org. Birthday List Announcement, please contact Laura Posecznick at laura@stjamesskan.org Email Prayer Chain, please contact Corinne Buterbaugh at corinnebuterbaugh@gmail.com E-Blast database to receive updates and news, please contact Laura Posecznick at laura@stjamesskan.org Questions: Contact the Parish Office at 315.685.7600. **Office Hours: Monday-Thursday 9am-3pm**

Readings Sunday, May 19

Acts 2:1-21or Ezekiel 37:1-14 Romans 8:22-27or Acts 2:1-21 John 15:26-27; 16:4b-15 Psalm 104:25-35, 37