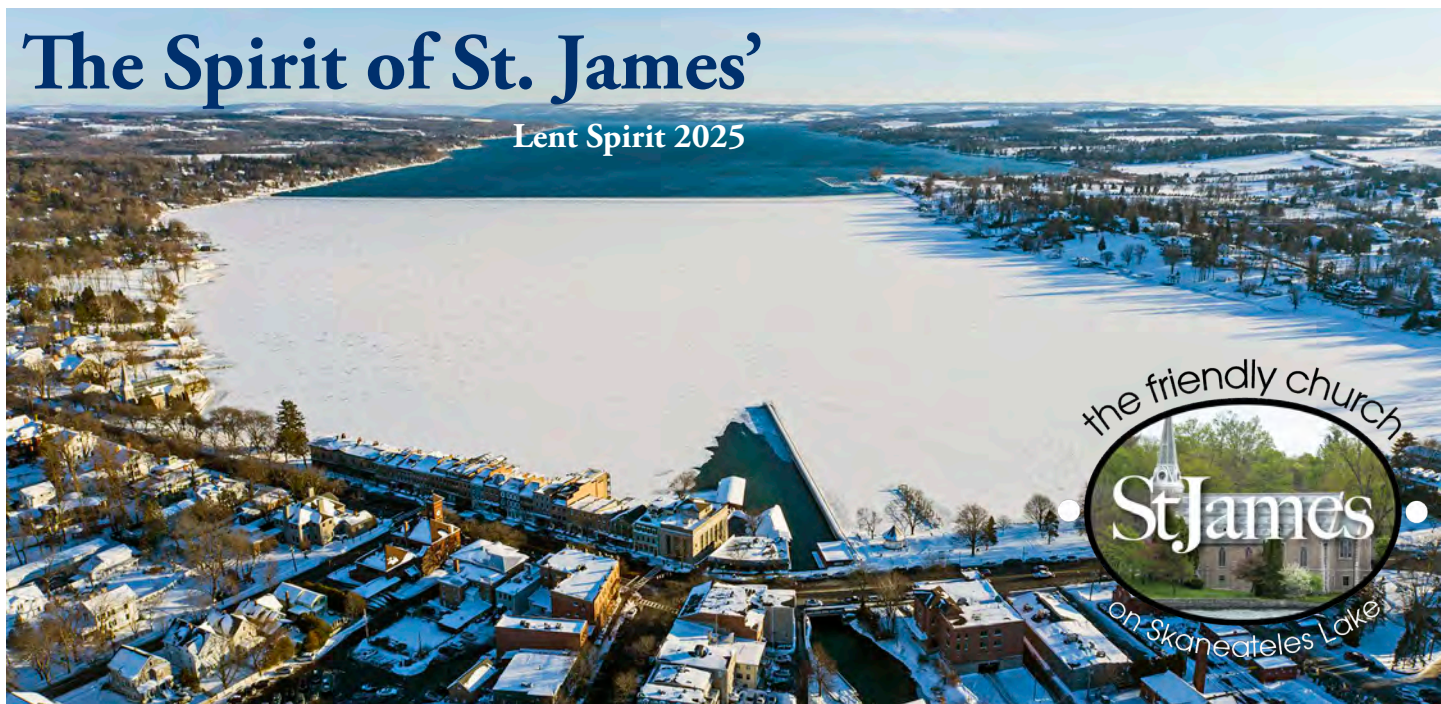


# The Spirit of St. James'

Lent Spirit 2025



## Lenten Season: Gospel of Grace

The Lord is full of compassion and mercy: Come, let us adore him. And what if, during this season of Lent, we sought a deeper understanding of this amazing gospel of grace? Will that image of grace energize us to do the spiritual housekeeping we need to be ready for the “new thing” God is doing in Easter?

Lent is a reflective season – an opportunity to go deep within ourselves and focus on our relationship with God and with others. The 40 days of Lent remind us of the 40 days that Jesus spent in the desert following his baptism, pondering who he was and what he was to do. They also remind us of the 40 years that the people of God wandered in the desert following the Exodus from Egypt,

learning how to be the community of the people of God. The Hebrew Scripture lessons in this year's lectionary focus on the covenants or promises that God made with the people of God. Like Jesus, we choose to enter this time of “desert,” in order to remember the promises of God, hear the stories of ways in which they were fulfilled and the ways in which we are called to participate in those promises in our own time – to discover who we are in God and what we are to do.

At St. James' this Lenten season, there is a balance between enriching worship and programming with time and space to explore what this season means to you personally. Hopefully, this Lent will strengthen your faith to launch a renewed life at Easter.

### Holy Week Schedule

#### Sunday, April 13-Palm Sunday:

7 a.m. / 9 a.m. / 11 a.m. Palm Sunday Eucharist

#### Tuesday, April 15:

12 p.m. RJRC Stations of the Cross

#### Wednesday, April 16:

12 p.m. Healing Eucharist\*

7 p.m. Tenebrae with Choir\*

#### Thursday, April 17:

7 p.m. Maundy Thursday

8 p.m. – 12 a.m. Silent Prayer Vigil:

Parishioners can sit in the Nave for silent prayer & meditation

#### Friday, April 18:

8 a.m. Good Friday Eucharist

Noon -2 p.m. Ecumenical Stations of the Cross around the village.

#### Saturday, April 19:

11 a.m. Easter Egg Hunt

7 p.m. Easter Vigil with choir & Baptism\*

#### Sunday, April 20 - Easter Sunday:

9 a.m. Traditional Easter Eucharist\* &

11 a.m. Contemporary Easter Eucharist\*

### Upcoming Schedule

#### Tuesday, March 4:

10:30 a.m. Dive Deeper Bible Study

6 p.m. Shrove Tuesday Pancake Dinner

#### Wednesday, March 5: ASH Wednesday

7 a.m. / 12 p.m. / 7 p.m.\*

Eucharist & Imposition of Ashes

6 p.m. Midweek Music on Facebook only

#### Thursday, March 6:

6 p.m. The Faith of Leviticus Adult Lenten Study led by the Rev. Scott Parnell

#### Friday, March 7:

1:15 p.m. Making Sandwiches for Homeless in Kitchen

#### Sunday, March 9: First Sunday in Lent

7:30 a.m. / 9 a.m. / 10:45 a.m.

9 a.m. Mini-Saints & Saints in Training

10:45 a.m. Coffee Hour Fellowship

\*Live-Streamed on [facebook.com/StJamesSkaneateles](https://facebook.com/StJamesSkaneateles)



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# A Lenten Message from Our Rector

*Dear St. James',*

*As we approach springtime and Easter, I invite you to take pause and join in the observance of a holy season of Lent. Lent is the liturgical season which consists of the 40 days before Easter. This time is often one of fasting and praying. In the early church, Lent was the time in which catechumens were prepared for baptism. While baptism is something we engage with now as infants or after we have worshipped in a community for a while, in the first centuries following Jesus' death, those seeking to live a life in Christian community were part of a multi-year process that involved instruction in scripture and teachings before baptism occurred and they received communion. During this time of preparation, catechumens often only participated in a small part of worship, but they would focus on living their lives as Christians to make sure they were prepared for the responsibility of living out their baptismal covenants with God. After their period of preparation, catechumens would be baptized at the Easter Vigil, taking communion.*

*While this isn't exactly how we enter Christian community today, the wisdom of preparing our hearts, minds and souls for our relationship with God and one another is what Lent invites us into. It is during this time that we examine scripture in new ways, hear stories of Jesus healing and teaching about God's all-encompassing love, and we prepare to once again*



*examine what it means to children of a God who dwelt with us, even taking on death, so that we would know that there is no place that God does not dwell with us. It is because of all this that Lent and Easter are my favorite times in the church year.*

*This year please join us as we prepare our hearts to once again walk this path to the cross with the God who created and loves us. Our Lenten Study this year will focus on the Book of Leviticus and how this misinterpreted book can have real relevance in today's world. As we hear this Old Testament scripture, I hope we can reclaim an understanding that is rooted in God's love and covenantal relationship with creation, while also learning more deeply about the tradition that shaped Jesus' life and ministry. As our Lenten journey comes to an end, we will spend Holy Week in prayer, offering several different services. I encourage you to come to as many as possible, but if you can only pick one or two, Maundy Thursday and the Easter Vigil are some of the most meaningful*

*nights of scripture and worship.*

*It is my deepest hope that however you engage in this time, that you find hope and joy in our God who loves us and is with us always.*

*Yours in Christ,  
Mother Pilar*

## Celebration of New Ministry

**You're Invited to the Celebration of Ministry of the Rev. Pilar Padrón Parnell at 7 p.m. on Wednesday, March 26. Come share in the formal blessing of Mother Pilar's ministry at St. James' presided over by the Bishop. There will be a brief reception directly following with champagne and desserts! Let's show Mother Pilar how thankful we are she is here and leading St. James' into the next phase of our journey.**

**The Faith of Leviticus Adult Lenten Study – Thursdays in Lent at 6 p.m. in the Parish Hall led by the Rev. Scott Parnell.**



## Holy Week Schedule

**Sunday, April 13 - Palm Sunday:**  
7 a.m. / 9 a.m. / 11 a.m. Palm Sunday  
Eucharist

**Tuesday, April 15:**

12 p.m. RJRC Stations of the Cross

**Wednesday, April 16:**

12 p.m. Healing Eucharist\*

7 p.m. Tenebrae with Choir\*

**Thursday, April 17:**

7 p.m. Maundy Thursday Worship with Foot Washing\*

8 p.m. – 12 a.m. Silent Prayer Vigil:  
Parishioners can sit in the Nave for silent prayer & meditation

**Friday, April 18:**

8 a.m. Good Friday Eucharist

Noon -2 p.m. Ecumenical Stations of the Cross around the village.

**Saturday, April 19:**

11 a.m. Easter Egg Hunt

7 p.m. Easter Vigil with choir & Baptism\*

**Sunday, April 20:**

9 a.m. Traditional Easter Eucharist\* &

11 a.m. Contemporary Easter Eucharist\*

## The Faith of Leviticus Adult Lenten Study – at 6 p.m. Thursdays during Lent in the Parish Hall led by the Rev. Scott Parnell

“Jesus as a first century Jew was steeped in Torah: the instructive literature of the first five books of the Hebrew Bible. At the center of Torah is the book of Leviticus -- a priestly manual of ritual law and moral commandments -- given to inform the cultural imagination of the Jewish people. Join us this Lent as we explore the life-giving themes of Torah drawn out in Leviticus. By reading it in its whole context, we will reclaim its wisdom from fundamentalism and find its relevance in our faith, today.”

Father Scott is from Charleston, South Carolina and attended Furman University to study Chemistry and Religion. After graduation he moved to Texas and served as a youth minister and school chaplain. He graduated with an MDiv from Virginia Theological Seminary (where he met his now wife) in 1977, and was called to serve as Chaplain at Christchurch School - an Episcopal Boarding School in Tidewater, Virginia. During the COVID pandemic, he returned to parish ministry and was called as Rector of Ware Episcopal Church -- a colonial parish founded in 1652. Scott's passion in ministry is in revitalization and helping congregations live into their potential.



He is currently a doctoral candidate at The Sewanee: The University of the South, writing on contemporary church trends, American society and structuring congregations for growth. Scott is the newly called Rector at Christ Episcopal Church, Binghamton. Per Father Scott, “Faith formation ultimately takes place in community. We cannot do it by ourselves. And for communities looking to pass faith onto the next generation, they must recognize the role of the family. Parents are the primary evangelists to their children -- and it is the Church's role to support that effort.” Scott is an active father enjoying his children and loves to play pickleball.

WEEKLY THEME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>LENT 2025</b> <i>March Calendar</i>							
			<b>This week, we invite you to reflect on "welcome": how it feels and what it means to be welcomed.</b>	<b>Ash Wednesday 5</b> Reflect on a time when you felt or experienced welcome. Why was that experience so memorable for you?	<b>6</b> Reflect on a time when you felt or experienced being unwelcome. Why was that experience so memorable for you?	<b>7</b> If you had to explain what "welcome" means to someone what would you say?	<b>8</b> <b>Self Care Saturday:</b> Do something today that helps you feel welcome at home, in your neighborhood, or in your body.
<b>This week, we invite you to notice and give thanks for the people who offer welcome in your communities.</b>	<b>9</b> Dear God, thank you for all of the people who offer welcome, let them know our gratitude for their words and actions, even when we forget to acknowledge them.	<b>10</b> Running errands this week? Notice and respond to anyone who welcomes you as you enter a store.	<b>11</b> Are you a regular? Do you go to the same store or coffee shop each week? Do you go because you feel welcome? Tell the staff thank you!	<b>12</b> Social Media invites? Say thank you to the community groups that organize events in your town to help connect people.	<b>13</b> Welcome wagon? Notice how your town welcomes people when they visit or move to town. How can or do you offer welcome?	<b>14</b> Enjoying a Friday night out? Notice and give thanks for the actions of others that help you feel welcome when you go out.	<b>15</b> <b>Self Care Saturday:</b> Do something today that helps you feel welcome at home, in your neighborhood, or in your body.
<b>This week, we invite you to consider and give thanks for organizations that welcome those in need of help.</b>	<b>16</b> Dear God, thank you for all of the people who offer welcome to those in need in our community, from medical professionals to social service agencies. Bless and uphold them.	<b>17</b> Notice and give thanks for the free or low cost health offerings in your town such as Planned Parenthood or a free clinic.	<b>18</b> Notice and give thanks for those that offer welcome and help to the unhoused.	<b>19</b> Notice and give thanks for those that offer welcome and help to those suffering from substance use disorder: AA groups, overdose clinics, etc...	<b>20</b> Notice and give thanks for those that offer welcome and help to people in crisis: therapists, crisis hotlines, domestic violence shelters, etc...	<b>21</b> Notice and give thanks for those that offer welcome and help to those who are isolated: social workers, home visitors, etc...	<b>22</b> <b>Self Care Saturday:</b> Spend some time today cleaning out your house, donate gently used items to a local domestic violence shelter, or volunteer.
<b>This week, we invite you to consider and give thanks for those who welcome immigrants, refugees, and migrants.</b>	<b>23</b> Dear God, we give you thanks for encouraging us to be the sign of your love when we offer welcome and hospitality to the stranger. Uphold those that do this work on behalf of the church and help us support them in it.	<b>24</b> Today we give thanks and pray for the Episcopal congregations and ministries on the border of their country.	<b>25</b> Today we give thanks and pray for the Episcopal congregations and ministries offering welcome to migrants.	<b>26</b> Today we give thanks and pray for Episcopal Migration Ministries (EMM) and the refugees they welcome and support on our behalf.	<b>27</b> Today we give thanks for the contributions of immigrants to our community and society. Instead of scrolling the news, search for inspiring stories from these change-makers.	<b>28</b> Spend some time today thinking about the immigrant community in your area and learn how to say 'hello' and 'welcome' in their language.	<b>29</b> <b>Self Care Saturday:</b> Spend some time today learning about your family's story - were they immigrants, Indigenous people, or refugees?
<b>This week, we invite you to consider and give thanks for the ways we are welcomed by other cultures.</b>	<b>30</b> Dear God, we give you thanks for the diversity of cultures and traditions in the world around us. Thank you for the richness this brings to our lives and communities.	<b>31</b> How is welcome and hospitality expressed in your culture? Give thanks for the way this has informed your life.	<b>Gratitude is a journey...come journey with UTO and EMM this Lent.</b> This calendar begins with Ash Wednesday and goes through Easter to help you spend a little time each day during Lent reflecting with gratitude on the ways welcome is offered in our world. Each week will focus on a new area of welcome. Sundays will offer a prayer to help us focus our thoughts, while Saturday will give an opportunity to care for ourselves through opportunities to reflect, learn, grow, or engage. You can also receive these prompts via text message each day or on our social media platforms or join our weekly book group. For more information visit: <a href="http://www.unitedthankoffering.com/len">www.unitedthankoffering.com/len</a>				



## Join in Worship -The Gift of Time!

As mentioned at our annual meeting, this year we will be cultivating a culture of “year-round stewardship” here at St. James’. In the Episcopal Church we focus on not just stewardship of money (tithing, pledging, giving), but also stewardship of serving (time) and gifts (talent). To help us engage more fully in all the ways we give of ourselves to help this community grow in faith, we will be talking about stewardship of our time, talent and treasure throughout the year. As we enter springtime, we are focusing on “time.” For the next three months, we will be training and holding refresher trainings for different ministries that help during worship on Sundays, particularly acolyting, reading, Prayers of the People and Lay Eucharistic Ministers.

First up, will be Lay Eucharistic Ministers. If you are interested in assisting me in serving the wine (sometimes the bread) on a Sunday morning, please let me know. We will be holding two trainings for licensing for this ministry on Sunday, March 16, after our 10:45 service and Wednesday, March 19 at 6 p.m. If your license is going to expire, our office will reach out to invite you to have your training refreshed. Please email me and Laura if you are interested. Be on the lookout for trainings to join our reader, intercessor (Prayers of the People) and Usher ministry rotations.

I hope that all of you will consider new ways you can grow your faith life around stewardship of your own gifts by engaging in being worship leaders in new ways.

## Shrove Tuesday Pancake Dinner

Join us at 6 p.m. on March 4 for the annual fellowship prior to the start of Lent. Please RSVP online by clicking the banner on the homepage of [StJamesSkan.org](http://StJamesSkan.org) or call the Parish Office.



Thank you for supporting St. James' Ministries! Use this QR code to make a donation.



## Table Top Groups (former Foyer Groups) Forming March 16

New fellowship groups are forming in March to meet once a month for the following three months. Table Top groups meet outside of church for a meal or a simple get together with the purpose to connect with people you don't know. Requests to join a group are needed to Nancy Graham 315-317-0138 by March 16. Groups of six will be created and sent to each person the following week letting you know your group. If you can't commit to three months and want to be on a sub list, you can sign up for that as well. Fellowship helps to build our beloved community.

## Arts & Minds:

### A Showcase for Creative Aging

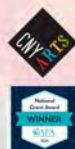
at St. James' Episcopal Church

Featuring works by the artists of  
Syracuse Jewish Family Service's arts-in-aging  
programs including M-Power U Arts & Minds Community  
and Opening Minds Through Art (OMA)



March 3 - 31, 2025  
St. James' Episcopal Church  
96 E Genesee St.  
Skaneateles, NY 13152

Share the vision of an aging friendly community and unlock  
the limitless potential of creative self-expression!



This showcase is curated by Syracuse Jewish Family Service and is made possible through the CNY Arts Grants for Regional Arts and Cultural Engagement regrant program and administered by the New York State Council on the Arts, as well as the Alzheimer's Foundation of America, Leonard and Irwin Kamp Family Foundation and many individual donors and corporate sponsors.







## Did You Know? *By Emma Cowley*

There has been a lot in the news regarding DEI. Here is just a friendly reminder what DEI is and its importance.

DEI was implemented to **address systemic discrimination** and **ensure fairness for all**, not to exclude or disadvantage any particular group. However, in recent years, DEI has been politicized, with some opponents framing it as divisive or “anti-white.” This misrepresentation ignores the true purpose of DEI, which is to **create equal opportunities and foster inclusive environments for everyone, regardless of race, gender or background.**

### Why DEI Is Not “Anti-White”

- **It Benefits Everyone** – DEI programs aim to remove barriers and create fair opportunities for all people, including **white individuals from underprivileged backgrounds.**
- **Addressing Past Discrimination Doesn’t Mean Reverse Discrimination** – Acknowledging historical injustices and working toward equity does not mean taking opportunities away from others.
- **Diverse Teams Help Everyone Succeed** – Research shows that organizations with strong DEI initiatives **perform better, innovate more and create healthier work environments for all employees.**
- **Equity Is Not the Same as Exclusion** – Equity ensures **fair** access to opportunities, not preferential treatment for any one group.

DEI exists because **discrimination has been a real and persistent issue** in education, the workplace and society at large. Recognizing and addressing these inequities helps build a more just and productive society for everyone.

### Remember to Sign Up and Bring Goodies for Coffee Hour!

There is an online sign-up page that you can click directly to from a rotating banner on the home page of StJamesSkan.org. Or just bring in some items Sunday or during the week and put in the freezer clearly labeled. Thank you all for supporting our fellowship ministry. Time required: Events & Programs vary.  
Contact: Nancy Lee balsamrosesop@gmail.com or 315-256-8196



*“Today we have gathered and we see that the cycles of life continue. We have been given the duty to live in balance and harmony with each other and all living things.*

*So now, we bring our minds together as one as we give greetings and thanks to each other as People.”*



America is at a crossroads where politicians, news media and social media fan the flames of toxic partisanship that have led Americans to question whether they can trust their fellow citizens.

**In our divisive time, this film stands as a beacon of hope and a call to action.**

“*UNDIVIDE US* is an uplifting film that makes you realize how easy the seemingly impossible is: How to get to know and even **LIKE** the people we think are totally, utterly **WRONG!**”

*Liz Joyner, Founder and CEO, The Village Square*

### AUBURN PUBLIC THEATER

8 Exchange Street, Auburn

Thursday, April 10

Film 6 pm / Discussion 7:15 pm

Moderated by

Sue Dwyer, former Cayuga County Clerk, and  
Chris Legg, Town of Skaneateles Supervisor

**FREE AND OPEN TO THE PUBLIC**

Including pizza and beverages

*Presented by St. James’ Episcopal Church, Skaneateles*

### Thank You to Our Angel Tree Program Participants

A belated, but very heartfelt “Thank You” to all the people who participated in the Angel Tree Program at Christmas-time! This year we surprised 25 children from 12 families with clothing and fun gifts given on behalf of their incarcerated parents. Their caregivers were each presented with a \$50 Wegmans gift card. This act of love could not have occurred without the generous efforts of many volunteers: gift buyers, deliverers and my teammates Mary McGrath, Kris Perkins and Santo Brillati. The feedback from the children and caregivers was so moving. One caregiver texted, “I just wanted to let u know we gave our little girl her presents (from St. James) early....she loved them!! She slept with her baby doll, painted with the paint set this morning and wore her Gabby outfit to school. We are so appreciative! Merry Christmas!”

- Cindy Bright



## MAKING PALM CROSSES SUNDAY, APRIL 6 AT 10 A.M. IN BETWEEN SERVICES IN

All families & kids welcome to come learn & make palm crosses with the Rev. Toppie Bates and Diane Steckel in the Parish Hall.

## Coming Up in Children's Ministry!

Mother Pilar will teach Saints in Training how to participate in Worship during 9 a.m. class time on Sunday, March 23. Be sure to bring your kids!

On Sunday, May 4, the children will be leading worship at 9 a.m. They will read, usher and have songs prepared to dazzle the congregation. Be sure to come and support our youth.

The last day of Sunday School for the season is Mother's Day, May 11. They have learned so much this year and grown right before our eyes in their faith!

**SPRING REGISTRATION**

8 Week Session

**RAINBOW**      **SPRINGTIME**  
**OCEAN**        **BUG LIFE**  
**DINOSAURS**    **OUTER SPACE**  
**ZOO**            **FLOWERS/PLANTING**

**Play2Learn**  
 Baldwinsville, Skaneateles & DeWitt  
 WWW.PLAY2LEARN.TOT.COM



Learning about Baptism & the Symbol of the Shell



## Thank You for a Wonderful Annual Meeting!

This year's annual meeting went smooth and quick! We now know the key is food. Thank you to all who did the hard jobs in the kitchen. There are plenty of printed Annual Reports on the welcome tables or online on StJamesSkan.org. Welcome to our new Vestry members John Devins as Junior Warden, John Buterbaugh, David O'Neill, Kris Perkins and Kathy Ploufe. Be sure to thank these individuals for answering the call to serve. 2025 looks bright and full of hope. St. James' is ready to keep blooming!



**2025 Living Lent**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 <b>1st Sunday of Lent</b> "Who shall worship the Lord, our God, and not alone shall you come." Luke 4:8	10 <b>2nd Sunday of Lent</b> JESUS Go somewhere quiet, think about JESUS, and tell Him, "I love You!"	11 <b>3rd Sunday of Lent</b> Go on a walk today and see if the beautiful things God made for us!	5 <b>4th Sunday of Lent</b> Jesus wants to be your friend. This Lent, turn away from what is wrong and come closer to Him. Read Luke 11:28	6 <b>1st Monday of Lent</b> Put your favorite toys or games in a box. On Tues, write "Goodbye for Lent. See you at Easter!" Give Mom the box.	7 <b>2nd Monday of Lent</b> Give up something you like (TV, ice cream) today and offer it for someone in need.	8 <b>3rd Monday of Lent</b> Decorate a candle and light it when your family prays.
16 <b>5th Sunday of Lent</b> His face changed in appearance and his clothing became dazzling white. Luke 9:29	17 <b>6th Sunday of Lent</b> Saint Patrick gave his heart to Jesus and brought the Gospel to Ireland. Today, tell someone, "God loves you!"	18 <b>7th Sunday of Lent</b> Clean your room without being reminded.	12 <b>1st Tuesday of Lent</b> "I am sorry." Forgive someone for something that made you feel sad or hurt your feelings.	13 <b>2nd Tuesday of Lent</b> "LORD, make me an instrument of your peace. Today, keep quiet when you want to say angry words."	14 <b>3rd Tuesday of Lent</b> Have members of your family write their names on pieces of paper and put them in a bowl. Do special things (bake, give, etc.) for your family.	15 <b>4th Tuesday of Lent</b> Draw names to find your secret friend for Lent! Do special things (bake, give, etc.) for your family.
23 <b>8th Sunday of Lent</b> "Whoever drinks the water (I give) will never thirst." John 4:14	24 <b>9th Sunday of Lent</b> Read Psalm 23 with your family. The Lord is your Shepherd.	25 <b>10th Sunday of Lent</b> Thank your Mom for being a great Mother. Read about Jesus' mother in Luke 1:36-38.	19 <b>5th Monday of Lent</b> Jesus, the carpenter's son, honored Joseph His father. Today, do something special for dad!	20 <b>6th Monday of Lent</b> DRAW A PICTURE of Jesus on the cross with sad people, and line of Jesus rises with happy people!	21 <b>7th Monday of Lent</b> Make a Giving Box by decorating a shoe box with a sign in the lid. Put a list of items nearby. Whenever someone does a kind deed, they secretly take a coin from the jar and put it in the box. Give the money to the poor on Easter Sunday. Read Luke 4:18.	22 <b>8th Monday of Lent</b> Make a list of 10 things you are thankful to God for. Then tell Him!
26 <b>11th Sunday of Lent</b> Pick holes in the bottom of a small transparent container. Add potting soil and plant beans or seeds. Just as Jesus died, was buried, and rose again, so the seeds will come to new life. Read John 12:24.	27 <b>12th Sunday of Lent</b>	28 <b>13th Sunday of Lent</b>	29 <b>14th Sunday of Lent</b>	30 <b>15th Sunday of Lent</b>	31 <b>16th Sunday of Lent</b>	32 <b>17th Sunday of Lent</b>





# St. James' Church Skaneateles

## Easter Egg Hunt Sat. April 19, 11a.m.

### **Register Your Child to Participate in the Egg Hunt.**

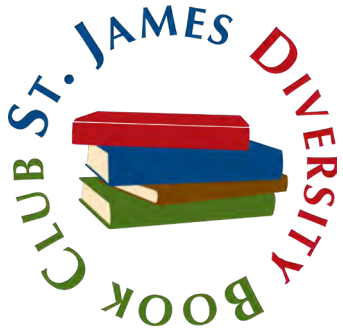
Kids each find 10 eggs and turn them in for a bag of treats. Due to the enormous success of last year's egg hunt, we are requesting families help fund the goodie bags. There is an Amazon wishlist prepared for some of the items needed. Any donation is appreciated.

Questions contact the Parish Office at 315-685-7600.

11 a.m. on Saturday, April 19

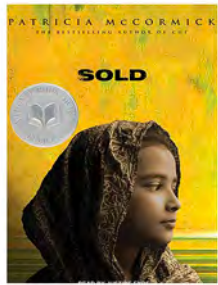
Side Lawn Next to Church

Register Link on Homepage of [StJamesSkan.org](http://StJamesSkan.org)



## Diversity Book Club to discuss *Sold* March 30 at Noon in Lakeside Room

**This Month: *Sold* by Patricia McCormick**



This book is a two-time National Book Award finalist from the author of several critically acclaimed novels. *Sold* is listed on the American Library Association's Top 10 Most Challenged Books of 2023.



**May 18: *Black Birds in the Sky: The Story and Legacy of the 1921 Tulsa Race Massacre* by Brandy Colbert**

Colbert is an award-winning author of several books for children and teens. In 2022, she was told she could not discuss her book during a Black History Month program for high school students in Texas. She withdrew from the program.

**You can attend these discussions on Zoom:  
ZOOM MEETING 897 7884 9833 PASSCODE 903256**

**For more information about Diversity Book Club visit [StJamesSkan.org](http://StJamesSkan.org). Questions: Judy Holmes at [judyholmes76@gmail.com](mailto:judyholmes76@gmail.com) or Meg Osborne at [mhosborne7@gmail.com](mailto:mhosborne7@gmail.com)**

## KNOW YOUR RIGHTS DISCUSSION AT ST. JAMES

The St. James Racial Justice and Reconciliation Commission will present a "Know Your Rights (KYR)" discussion on March 9 from Noon to 1:30 p.m. in the Parish Hall. The presentation will be based on the KYR curriculum created by the New York Immigration Coalition (NYIC).

The NYIC is a state-wide, member-led coalition of refugee and immigrant organizations, which works to educate communities and to advocate for justice for immigrants in New York state.

The KYR curriculum provides information for both people who work to support families who have migrated to this country and for migrant families. All are welcome to attend the session.

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## REFUGEE RESETTLEMENT NEWS

First of all, a very big thank you to all who have helped out in any way with Interfaith Works'(IFW) Refugee Resettlement Program. We are especially grateful for the donations of goods, services, time and treasure over the last few months. Since the beginning of our fiscal year in October, we have settled nearly 450 people, many of them reuniting with family already here. Along with St. James', members of other churches, mosques, temples and synagogues have assisted. For example, volunteers set up over 100 households, collected and distributed over 1850 winter coats, furnished school supplies and backpacks to dozens of school children. Our focus at present and moving forward is to serve these newcomers and to help them become confident and productive members in our community. The following are some of the current needed items:

- Men's winter jackets, especially sizes medium, large, extra large
- Folding shopping cart (many refugees walk to the grocery store)
- Wooden clothes drying rack
- School backpacks, 15" and 17"
- School supplies: especially highlighters, dry erase markers, colored pencils, 2-pocket folders with prongs, wide-rule notebooks or composition books and binders - 1"-2"
- Wooden cooking utensils, colanders, soup pots and Dutch ovens, stainless steel cookware, mixing bowls

Any of the above items may be dropped off at St James' and left in the corner opposite the office. Please label IFW or Refugees as that corner collects lots of goods for many of our outreach programs. For questions regarding refugee needs, call/text Carol Murphy (315) 727-5202 or Interfaith Works (315) 449-3552.



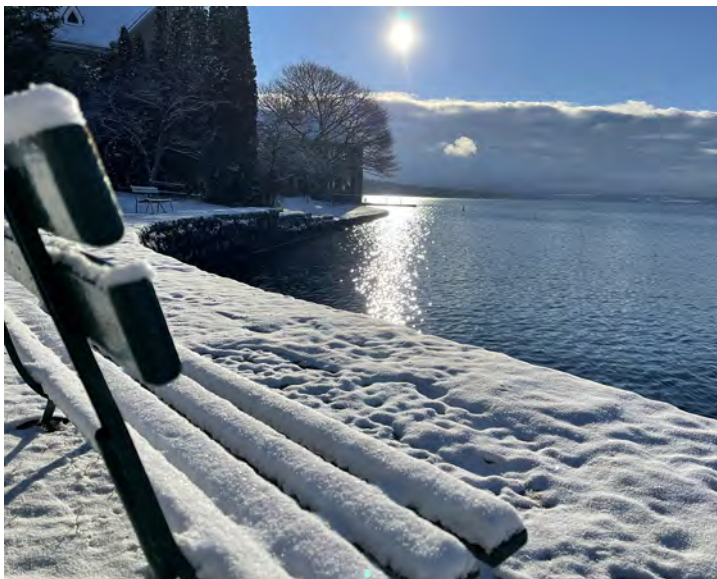
## IMMIGRATION BASICS OVER COFFEE

Wondering how to sift through the often conflicting rhetoric concerning migration, immigration, refugees and asylum? Grab a cup of coffee or tea between the 9 and 10:45 a.m. worship services on Sunday, March 2, and go downstairs to the Toppie Bates Lakeside Room for "Immigration Basics in 20 Minutes."

Presented by the St. James' Racial Justice and Reconciliation Commission, the conversation will include basic factual overview about the U.S. immigration system and how new executive orders are affecting the work of such organizations as the Episcopal Migration Ministries, Interfaith Works of CNY and the CNY Interfaith Sanctuary Coalition, a ministry that includes churches throughout the Syracuse area.

**Please join us for this important conversation. It is free, quick and informative. Sunday, March 2 around 10:15 a.m. in the lower Lakeside Room.**





## SCHOOL SUPPLIES WANTED FOR REFUGEES IN SYRACUSE

Drop off paper, notebooks, pencils, pens, binders, etc to the blue bin outside the parish office. InterFaith Works is collecting school supplies for their incoming families. If you have any questions, please feel free to contact Carol Murphy : [murphycarol336@gmail.com](mailto:murphycarol336@gmail.com).

## Auburn Rescue Mission Moves into 2025

A year-long discernment process in 2015 led St. James' to identify three areas of vulnerability in which St. James' is called by God to serve: affordable housing, mental health and supporting youth locally. Putting these into action, St. James' is partnering with the Auburn Rescue Mission. St. James' volunteers have continued to be a big part of the success of the Merriman Circle location of the Auburn Rescue Mission. Volunteers support a variety of activities by assisting the staff during special events, along with planning crafts, cooking, and gardening programs. The special events include the End of the School Year Party, Harvest Party, Movie Night, and a Christmas Party.

For 2025, on the third Wednesday of each month, St. James' will be offering simple cooking classes to the children of Merriman Circle. Nancy Lee is coordinating this activity. We will need volunteers to help assist. Recipes, tools and ingredients will be supplied. Please join us and volunteer to assist, no cooking experience needed, just a love for kids.

Time required: Events & Programs vary  
Contact: Nancy Lee [balsamrosesoap@gmail.com](mailto:balsamrosesoap@gmail.com) • 315-256-8196

## Choir Looking for Extra Voices for Easter Holiday!

Each year, there are numerous worship services during Holy Week and special music selections. If you are interested in joining the choir for just a service or two during, please find Justin Oei, organist/choirmaster on Sunday or email him at [justin@stjameskan.org](mailto:justin@stjameskan.org).

## Check out Altar Guild – No risk, no obligation

Are you looking for a way to give back to St. James' without a big time commitment? Maybe something you can do as a couple or family?

Despite our wonderful group of devoted members, Altar Guild needs more men and younger women. We'd love to have families involved, too.

Now there's an easy, no obligation way to learn more. Consider shadowing a team to see what it's all about. Contact Corinne Buterbaugh ([corinnebuterbaugh@gmail.com](mailto:corinnebuterbaugh@gmail.com) or 571-215-6693).

### A reminder:

Without Altar Guild, St. James' couldn't offer four distinct services every week plus additional liturgies for Christmas and Holy Week. Altar Guild sets the altar, polishes the brass, washes and irons linens, fills candles, puts up and takes down the aisle torches, arranges flowers and cleans up after services. We also track and order all supplies, including flowers and plants. We're a 100% volunteer operation.

Team members generally serve on Saturday mornings once a month and the following Sunday before or after the service they normally attend. Time commitment is about an hour monthly. Training is provided, and it's a great way to meet parishioners from other services.

### Have 2 hours to help your neighbors in need?

For 20 years, St. James' parishioners have volunteered to prep food and serve on the last Saturday of every month at the soup kitchen at Sts. Peter and John Episcopal Church on Genesee Street in Auburn.

Since the pandemic, the soup kitchen has offered "to go" meals. Here's what they need from St. James:

**2 or 3 people to prep (9 to 11 a.m.)**

**2 people to serve (11:15 a.m. to 12:30 p.m.)**

Each month, our pool of volunteers receives an email asking if they can volunteer. If you can help, simply reply with the number of people and the desired shift. Work once a month, a few times a year or just once.

To join the list of volunteers (ages 13+), contact Corinne Buterbaugh ([corinnebuterbaugh@gmail.com](mailto:corinnebuterbaugh@gmail.com)).

### A can or two can make a big difference, right here in Skaneateles

While Skaneateles has the reputation of being affluent, our community is also home to individuals and families who need help putting food on the table.

Supporting the Skaneateles Ecumenical Food Pantry is easy and (relatively) inexpensive. Pick up an extra item or two when you shop and bring it to church. Leave them in the basket outside the sacristy.

Every month, the pantry needs cereal, 100% fruit juice, vegetable oil (no larger than 32 oz.), and canned fruit (any kind).

Prefer to make a monetary donation? Send to Skaneateles Ecumenical Food Pantry, PO Box 901, Skaneateles, NY 13152 or via PayPal: <https://tinyurl.com/skanefp>

**Questions?** Contact John Buterbaugh ([buterbaugh2010@gmail.com](mailto:buterbaugh2010@gmail.com)) or Corinne Buterbaugh ([corinnebuterbaugh@gmail.com](mailto:corinnebuterbaugh@gmail.com)).



# 10 Ways to Observe a Green Lent

Winter is often a season where sadness or anxiety creep into our day. Just a reminder that St. James' offers pastoral resources such as Stephen Ministers who are available to listen and care to anyone hurting.

**1) Where Do You Want to Go? Walk or Bike There** Of course, it's not possible in all situations, but you can commit to cutting out short rides in the car. Maybe a two-mile limit? Even half a mile will help. According to the Center for Climate and Energy Solutions, transportation is one of the largest sources of carbon emissions in the United States. And our cars, SUVs and trucks contribute to half of that. Besides, let's not forget the health benefits of walking and biking.

## 2) Become a Lenten Vegetarian

Maybe it's not something you want to do year 'round, but how about 40 days (not including Sundays, of course)? Studies have shown that meat and dairy conglomerates produce greenhouse gases on the order of some big oil companies. This is also your chance to embrace seasonal produce — and short supply lines.

## 3) Become a Green Gardener

As Lent starts in the dark and cold of winter and takes us to Easter and the warmer, longer days of spring, gardening is definitely a path to observing a green Lent and beyond. There might not be a lot of planting going on until we're further into spring but consider this your pre-contemplative stage. Start reading and motivating yourself to become a gardener. And here's the thing, it's not just good for the soil, but your soul as well.

## 4) Visit Your State Parks and Forests During Lent

Even better, donate! Forests filter our water through their roots, absorb CO<sub>2</sub>, provide oxygen and keep pollutants out of our lungs. Plus, when you're in nature, there's a spiritual benefit as well.

## 5) Lay Off the Online Ordering and Keep It Green

Maybe Lent is a time to pause before pressing that "place order" button. Do you really need another T-shirt or pair of jeans? Can you make do, for 40 days, with what's already in your closet? Your landfill will thank you.



## 6) Avert Your Eyes from Screens and Devices During Lent

If there were ever a better time to take a fast from social media, to reflect, read more and scroll less, Lent is it. There are some beautifully written books out there to open our eyes to the spirituality of the natural world.

## 7) Keep It Green By Make Your Own Cleaning Supplies

Ever look at the list of ingredients on commercial cleaners? Lots of long, impossible to pronounce words containing solvents, irritants and suspected carcinogens. It's time to make friends with, say, vinegar, probably conveniently located in your kitchen cabinet. Equal parts white vinegar and water can be scented with lemon peel and rosemary for effective, clean smelling cleaning without accidentally searing your lungs.

## 8) Observe the Packaging Problem During Lent

Bottles, bottles everywhere. Plastic ones that is. If you're not using a refillable water bottle, now is the time to start. And here's double incentive for cutting back on online ordering during your green Lent. Yes, it's so easy, so convenient, and is delivered to you swathed in layers of cardboard, plastic and bubble wrap.

## 9) Pull the Plug on "Energy Vampires" During Lent

All those chargers for your devices sip energy when plugged in, even when not in use. Scour the house for culprits. There are probably more than you realize. The phones. The tablets. The countertop appliances. The power strips. The U.S. Department of Energy estimates each household can save \$100 to \$200 a year

## 10) Teach Your Kids to Go Green By Modeling Eco-Consciousness

If Lent is a time to reflect, to pray and to strengthen your faith, it's also offers up the chance to be a role model for your kids. Help them observe a meaningful journey to Easter by teaching them about the sanctity of the world around them.

*Read the complete article at: <https://guideposts.org/positive-living/10-ways-to-observe-a-green-lent/>*

## EASTER FLOWER DONATION

Do you want to remember a departed loved one? Celebrate the birth of a child or grandchild? Mark a retirement or anniversary? Express your gratitude for the people and places in your life? What better way than to donate for Easter flowers and plants to decorate St. James'.

Especially after a long, cold winter, we want to fill the church with color and fragrance as we celebrate the Risen Lord.

To contribute, fill out the coupon below and return it to the church office by April 11 with your check (write "for Easter flowers" in the subject line). Small or large, any donation is welcome.

Donations must be received to the Parish Office by April 11, to be included in the Easter Flower Insert.

### 2025 Easter Flowers Donation Form

Donor's Name: \_\_\_\_\_

Donor's Phone: \_\_\_\_\_ Total Donated: \_\_\_\_\_ Cash \_\_\_\_\_ Check \_\_\_\_\_

In Thanksgiving For: (Print Name(s) Clearly) \_\_\_\_\_

In Memory Of: (Print Name(s) Clearly) \_\_\_\_\_



## Prayers for the People of St. James'

**For those expecting a child:** For those expecting a child: Emily & David Hart (daughter of Laura & Terry Posecznick), Katie Grau-Zavaleta and Antonio Zavaleta.

**Those who are sick and in need of prayer:** David Austin (brother of Rick), Carolyn (sister of Barb Ozminkowski), Mary McKenna (friend of Mary McGrath), Kim Dubois (friend of Jean Beeles), Sharon Gannon.

**Those listed on our long term prayer list:** Donna Richards, Chris Richards, Michael Brown, Tracy Feocco, Linda Hawley, Pat Brown, Jason Weston (son of Susan Gibes), Mary Ann Turner (friend of Molly Spalding), Kathy Ploufe, Pam Stewart, Ann Wolfe, Suellen Sager, Danae Hidy (daughter of Beckie & Brian Hidy), Emily Thomas, Chuck Davis (brother of Brian Davis), Iris Ramos (mother of Alberto Fry), John Spear, Jim & Patrick Malvaso (Marie Hughes' brothers), Nicole Hyde, Margrif family (niece of Susan Spencer), Matt & Lori Andrews (friends of Joan Johnson), Martha, Cynthia, Lou, and Theresa Rose (Joan Johnson's in-laws), Joan Johnson, Ken Roffo (Katelyn Roffo's father), Andy & Dorothy Pierce, Sue Palen, Henry (friend of Carolyn Legg), Ginny Pfau, twin children Morgan and Robert (children of Gubla & Sofie Jantzen), Helen (sister of Brian Davis), Laila (great niece of Brian Davis), Bud Evans (brother of Don Evans), Peter & Sharon Andrus (friends of Terry Askey-Cole), Erik Withey, Joyce Thomas, Ed Cole, Steve Giocondo (father of Sara Jones), Vera Foehl, Sandy Fillingham, Rick Burton, Sean Arliss (grandson of Sharon & David Arliss), Susan Scholl, Suzy Jones, Sherry Yellot, Larry Cole, Sue Newlin (mother of Molly Spalding), Kaiden (grandson of Jean Beeles), Ben, David & Gretchen (grandchild of Joan Johnson, her son & wife), Kelly Ryan, Jacob Matlby (son of Kelly Ryan & Mike Spaces), Robbie Clark (brother of Kristina Abbott), Adam Newlin (brother of Molly Spalding), Tara Covert Lanning, Darwin Parker, Jude Ker, Linda Lavery, Judy Santillo & Ann Malvaso (sister's of Marie Hughes), Helen Burlingame (sister of Brian Davis), Marilyn Garofalo (mother of Chris Davis), Dot Pitman, Alexander Sturdivant (friend of Nancy & Rick Austin), Marie Bundy, Griffin Palen, Don Evans, Linda & Nick Rossi, Tacy Chantler (sister-in-law of Carrie Chantler), Euclide Mugisho & family, Roxanne Soprano, Cathy Valentine, Bob Doolittle, Linda Morse, Danae Hidy, Alberto Fry, Belva Morton (mother of Kathy Ingianni), David Bates, Helen Dayal, Scholl family, Patrick & Jonathan Arliss, Jim Corl, Kirsten Juhl (daughter of Jim & Nancy Corl), Gwen Birchenough, Pat Gannon, Jennifer Carson (niece of Linda Lavery), Tricia McMurdy (friend of Nancy Austin), Ingrid McCurdy, Ella (friend of Ingrid), Noelle (daughter of Ingrid), Christine Posecznick (sister-in-law of Laura).

**Prayers for all the individuals** who suffer in these chaotic times, those without employment, worried about money, families in crisis, people living in areas with natural disasters, and those who feel there is no hope. May the powerful healing touch of love be with all who suffer. And may they truly feel that all will be well with faith in Christ.

**All who have died:** Clare Fraumeni (mother of Marie Nickerson), Irene Nickerson (mother of Steve Nickerson)

**If you would like to be added...**

**Prayer Lists above,**  
**please contact Nancy Graham at [nancy@stjameskan.org](mailto:nancy@stjameskan.org).**

**Birthday List Announcement,**  
**please contact Laura Posecznick at [laura@stjameskan.org](mailto:laura@stjameskan.org)**

**Email Prayer Chain,**  
**please contact Corinne Buterbaugh at [corinnebuterbaugh@gmail.com](mailto:corinnebuterbaugh@gmail.com)**

**E-Blast database to receive updates and news,**  
**please contact Laura Posecznick at [laura@stjameskan.org](mailto:laura@stjameskan.org)**

**Questions: Contact the Parish Office at 315.685.7600**



## Pastoral Care Resources Always Available

*Paul writes these words of wisdom to inspire our varied ministries at St. James': Be kind to one another, tender hearted .... Ephesians 4:32*

## Stephen Ministers

Winter is often a season where sadness or anxiety creep into our day. Just a reminder that St. James' offers pastoral resources such as Stephen Ministers who are available to listen and care to anyone hurting.

## Prayer Chain

At St. James' we believe in the healing power of the Holy Spirit through prayer. If you or a loved one is in need of prayer, please contact the Parish Office where the Prayer Chain prayer ministry leader will deliver an email prayer chain to lift you in immediate prayer. If you would like to join the Praying team, contact the Parish Office as well to lend your strength to those in need.

## Pastoral Home Visit

Caring parishioners and clergy can take communion to anyone in our church family and keeps trainings current for those who are already sharing the Eucharist with those not able to come to church. This is a great way to stay connected whether you or a family member is homebound for a short while or long term.

If you are looking for pastoral care, please reach out to Mother Pilar in the Parish Office 315-685-7600 or Nancy Graham, Pastoral Care Coordinator at 315-317-0138

## Healing Eucharist Wednesdays at Noon

Mother Pilar recharges your spiritual battery each week in person and online for a brief service of healing and Eucharist. Everyone can use the healing prayers, oil and communion to refocus priorities to Jesus.

## Centering Prayer

St. James' offers Centering Prayer two sessions each week. Centering prayer is a part of the ancient Christian contemplative tradition that has seen a resurgence in the last 50 years.

It is a silent prayer that can be done alone or in groups that seeks to "open our awareness of God who is within us" (Thomas Keating, a chief spokesperson and architect of Centering Prayer).

**Tuesday & Friday mornings: 7:45-8:30 a.m.**



## STAFF

The Rev. Pilar F. Padrón Parnell, *Rector* .....pilar@stjameskan.org  
The Rev. Chuck Stewart, *Deacon* .....chuck@stjameskan.org  
Laura Posecznick, *Operations & Communications Director* ....laura@stjameskan.org  
Nicole Bova, *Parish Administrator* .....nicole@stjameskan.org  
Justin Oel, *Organist-Choirmaster* .....justin@stjameskan.org  
Michael Larkin,.....stjameskanmusic@gmail.com  
*Director of Contemporary Music & Technology*  
Nick Kilkenny, .....nick@stjameskan.org  
*Asst. Dir. of Contemporary Music & Technology*

## MINISTRY LEADERS

Nancy Graham, *Pastoral Coordinator* .....nancy@stjameskan.org  
*Editor of the Weekly News ~ Laura Posecznick* .....laura@stjameskan.org  
*Editors of the Spirit*  
Jon Glass.....jnglass@syr.edu  
Terry Askey-Cole/Laura Posecznick.....laura@stjameskan.org  
*Parish Nurses*  
Jean Gannon ..... jeanrrn2@yahoo.com  
Nancy Corl.....njcorl@me.com

## 2025 St. James' Vestry Warden

Doug Smith (2024-2026)

John Devins (2025-2027)

## Vestry Members

John Buterbaugh (2025-2026)

Beckie Hidy (2024-2027)

Judy Holmes (2023-2026)

Marie Hughes (2023-2026)

Tara Covert-Lanning (2024-2026)

Carol Murphy (2024-2027)

David O'Neill (2025-2028)

Kris Perkins (2025-2028)

Kathy Ploufe (2025-2028)

## PARISH OFFICE HOURS

Monday-Thursday

9 a.m. – 3 p.m.

nicole@stjameskan.org

315-685-7600

Facebook.com/StJamesSkaneateles

Instagram.com/StJamesSkaneateles

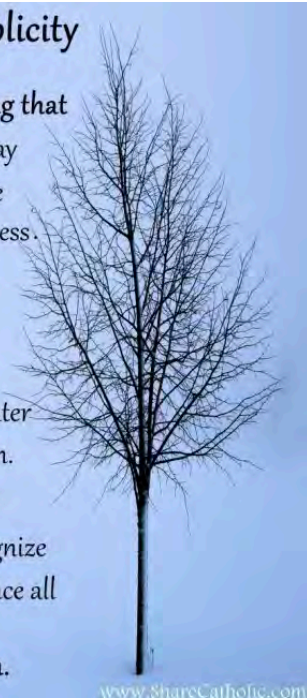
## A Prayer for Lenten Simplicity

Free me, Lord Jesus, from anything that obstructs my way to you. Clear away the clutter of petty grudges. Remove smudges of resentment and bitterness. Cleanse me of thoughts filled with anger envy, or self-pity.

Create space in my life for more kindness and less spitefulness, greater generosity and stronger compassion.

Enlarge my heart with a spirit of gratitude this Lent, so that I recognize the simple gifts that lay in abundance all around me.

In your sacred name, I pray. Amen.



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